

# Break My Stride

**COPPER KNOB**  
BY STEPSHEETS

拍數: 32      牆數: 4      級數: Beginner  
編舞者: Gordon Elliott (AUS) - January 2025  
音樂: Break My Stride - Bluelagoon : (ALBUM: SENTIMENTAL FOOLS)



**ORIGINAL POSITION: FEET TOGETHER WEIGHT ON THE LEFT FOOT.**

**Introduction : 32 Beats**

## **FORWARD, FORWARD, FORWARD, KICK BACK, TOUCH, FORWARD, KICK**

1, 2      Step R Forward, Step L Forward,  
3, 4      Step R Forward, Kick L Forward,  
5, 6      Step L Back, Touch R Toe Back,  
7, 8      Step R Forward, Kick L Forward. (12.00)

## **BACK, BACK, BACK, TOUCH, ROCKING CHAIR**

1, 2      Step L Back, Step R Back,  
3, 4      Step L Back, Touch R Toe Together,  
5, 6      Rocking Chair : Step R Forward, Rock Back Onto L,  
7, 8      ## Step R Back, Rock Forward Onto L. (12.00)

## **VINE RIGHT & TOUCH, VINE LEFT & TOUCH**

1, 2      Vine : Step R To The Side, Step L Behind Right,  
3, 4      Step R To The Side, Touch L Toe Together,  
5, 6      Vine : Step L To The Side, Step R Behind Left,  
7, 8      Step L To The Side, Touch R Toe Together. (12.00)

## **TOUCH, TOGETHER, TOUCH, TOGETHER, MONTEREY 1/4 TURN**

1, 2      Touch R Toe To The Side, Step R Together,  
3, 4      Touch L Toe To The Side, Step L Together,  
5, 6      Monterey : Touch R Toe To The Side, Turn 90° Right Step R Together,  
7, 8      Touch L Toe To The Side, Step L Together. (3.00)

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