

# C'est La Vie

拍數: 32      牆數: 4      級數: Improver  
編舞者: Regina Cheung (CAN) & Ping Chen (CN) - January 2025  
音樂: C'est la vie - ZOË



Intro : 16 Counts

## Sec. 1 Cross Hold, Side Rock Cross, 1/2 Turn Left, Cross Shuffle

1-2            Right cross over left, Hold (2)  
3&4            Left rock on side, Recover on right, Left cross over right  
5-6            Right back 1/4 left, Left turn 1/4 left step side  
7&8            Right cross over left, Left step side, Right cross over left (6:00)

## Sec.2 Side Rock & Side Rock, Right Back Sweep, Left Back Sweep, Right Coaster

1-2&            Left rock on side, Recover on right, Step left next to right  
3-4            Right rock on side, Recover on left  
5-6            Right step back, Left sweep from front to back, Left step back, Right sweep from front to back  
7&8            Step right back, Left step next to right, Step right forward (6:00)

## Sec.3 1/4 Left Diamond Turn, Left Rocking Chair

1&2            Left cross over Right, Right step side, 1/8 turn Left & Left step back (4:30)  
3&4            Right step back, turn 1/8 turn & Left step side, Right step forward (3:00)  
5-6            Left rock forward, Recover on right  
7-8            Left rock backward, Recover on right (3:00)

## Sec.4 Left Forward Pivot 1/2 Right, Forward Shuffle, Kickball Step, Right Sway Rock Forward

1-2            Left step forward Turn 1/2 right  
3&4            Left step forward, Right lock behind, Left step forward  
5&6            Right kick forward, Right step next to left, Left, Left step forward  
7-8            Right sway rock forward diagonal, Recover on Left (9:00)

REPEAT

RESTART :

Wall 4, 16 Count – 15&16 change to back rock (7, 8) (9:00)  
Wall 6, 16 Count – 15&16 change to back rock (7, 8) (12:00) + TAG  
TAG (4 Count) – Rock right forward, Recover on left X 2

Ending : Wall 12, Count 31-32, Cross right over left unwind 1/2 left (12:00)

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