I Never Lie (I Sleep Like a Baby)



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音樂: I Never Lie - Zach Top



I. [1-8] Monterey Step, Point Flick, Rocking Chair.

1&2 Tap R toe out to R side. In a syncopated motion bring R foot back to place, while switching

weight to it and point L toe out to L side.

&3.4 In A syncopated motion bring L foot Back to place switching your weight to it, and Point your

R Toe out to the R Side. Bring Your R foot up behind your L knee in a flicking motion.

5,6,7,8, Step forward with your R foot bearing weight, rock your weight back to your L foot, step back

on your R foot bearing weight. Step forward on to your L foot.

II. [9-16] 1/4 L Pivot Turn, Weave with Point, Cross Point.

9,10. Step Forward on R Foot, Turn Over Left Shoulder, keeping weight on L foot.
11-14 Step R over L, Step L out to the side, step R behind L, Point L out to the side.

15,16. Step L foot across R foot, point R out to the side. Restarts Happen Here. Wall 6 (facing 12:00) & Wall 9 (Facing 6)

III. [17-24] Shuffle Forward Rock Recover, Shuffle Back Rock Recover

17&18. Step R foot forward, bring L foot up to R, step forward on R. Step L Forward rocking

19,20 a II weight to it, step back on R foot with all weight.

21& 22. Step L Foot backwards, bring R foot up to L, Step L foot back. Step R Foot

23,24 backwards rocking all weight to it, step forward on R.

IV. [25-32] 1/4 Pivot Paddle turn X2, Jazz Box

25,26, Touch R foot forward, pivot 1/4 turn over L shoulder. Touch R foot forward, Pivot

27,28, 1/4 Turn over L shoulder.

29,30, Cross R foot over L, step back on L, 31,32, Step R out to the side, step L next to R

You can upgrade this dance with adding some more advanced steps like: A rolling Left vine with a Cross Point 11-14. You can also Try Half Turning Shuffles for 17&18, 21&22 THIS DANCE CAN BE DONE WITH A PARTNER IN THE SWEETHEART POSITION

Last Update: 7 Jan 2025