

Rumba Girl

拍數: 32 牆數: 4 級數: Improver
編舞者: Larry Brancheau (USA) - December 2024
音樂: Rhumba Girl - Nicolette Larson



Begin on the word 'SAME'

Back Mambo 2x

1&2 Rock R back, recover L, step R together (QQS)
3&4 Rock L back, recover R, step L together (QQS)

Prissy Walk 2x

5&6 Small steps forward RLR (QQS)
7&8 Small steps forward LRL (QQS)

Ascending Rumba Box

1&2 Step R side, step L together, step R forward (QQS)
3&4 Step L side, step R together, step L forward (QQS)

Descending Rumba Box

5&6 Step R side, step L together, step R back (QQS)
7&8 Step L side, step R together, step L back (QQS)

Coaster Step, Shuffle

1&2 Step R back, step L together, step R forward (QQS)
3&4 Shuffle forward LRL (QQS)

Side Mambo 2x

5&6 Rock R side, recover L, step R together (QQS)
7&8 Rock L side, recover R, step L together (QQS)

¼ Turn Cross Mambo, Cross Mambo

1&2 Cross R over, recover L, ¼ turn right, step R (QQS)
3&4 Cross L over, recover R, step L together (QQS)

Reverse Rumba Box

5&6 Step R side, step L back, step R together (QQS)
7&8 Step L side, step R together, step L forward (QQS)

Repeat

Restart: Walls 3 (6:00) & Wall 6 (3:00) after Descending Rumba Box

Ending: Wall 8 (9:00) Change section after Descending Rumba Box

¼ Turn Coaster Step, Coaster Step

1&2 Step R back, step L together, ¼ turn right, step R (QQS)
3&4 Step L back, step R together, step L forward (QQS)

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