

Sexy Love

COPPERKNOB
BY STEPSHEETS

拍數: 64 牆數: 4 級數:
編舞者: Ali James (USA) - December 2024
音樂: Sexy Love - Ne-Yo



I believe soul dances are usually learned by watching people dance it and memorizing the steps and how they fit the music, making strong muscle memories. This dance, fortunately, also lends itself to being counted and written into a step sheet for other learning preferences. The counts are based on the rhythm of the music. The dance starts 16 counts in. This dance bounces.

PART 1

LEFT BACK ROCK STEP, SYNCOPATED JAZZ BOXES STARTING AT 12:00

1 2 3 4 Step back on left 2 counts, recover on right
5&6 Step left over right, back on right, left to side
7&8 Step right over left, back on left, right to side

RIGHT BACK ROCK STEP, SYNCOPATED JAZZ BOXES

1 2 3 4 Step back on right 2 counts, recover on left
5&6 Step right over left, back on left, right to side
7&8 Step left over right, back on right, left to side

PART 2

STEP BACK, STEP SCUFF, SAILOR STEPS

1 2 Step back on right, recover on left
3 4 Step on right, scuff right making quarter turn left
5&6 7&8 Left sailor step right sailor step to face 9:00

CHUGS RIGHT HALF TURN, SAILORS

1 2 3 4 Chug with left foot 4 times doing half turn right to face 3:00
5&6 7&8 Right sailor step, left sailor step

PART 3

BACK STEP, STEP TOGETHER, REPEAT

1 2 3 4 Step back on right for 2 counts, step left together
5 6 7 8 Step back on left for 2, step right together

RUNS, BACK STEPS, COASTER STEP

1&2 3 4 Run right, left, right and pause bouncing
5 6 7&8 Step back on left, right, left coaster step

PART 4

RIGHT HALF TURN, TIC STEP, COASTER STEP, ROCK BACK

1 2 Pivot on left making half turn right stepping right left facing 9:00
3 4 Step on right tic left foot behind
5&6 7 8 Left coaster step, rock back on right

HALF TURN TO 3:00, SWIVEL STEPS

1 2 3 4 Step forward on right, left making half turn right face 3:00, walk right, left
5 6 7 8 Two dipping swivels to the right

Submitted by: Bonnie Berns - Email: yaelchina@yahoo.com

