

Sing A Song Shuffle

拍數: 32 牆數: 2 級數: Beginner
編舞者: Urban Danielsson (SWE) - December 2024
音樂: Sing a Song - Herreys



Intro: 16 counts

Easy tag on wall 1 (back), 5 (back), 6 (front) and 9 (back), or you have an optional tag which is a little bit harder.

Section 1: Chassé right, rock-recover, chassé left, rock-recover

1&2 Step right to right side, step left next to right, step right to right side
3 – 4 Rock back on left, recover weight onto right
5&6 Step left to left side, step right next to left, step left to left side
7 – 8 Rock back on right, recover weight onto left

Section 2: Shuffle forward, rock-recover, coaster step, rock-recover

1&2 Step right forward, step left next to right, step right forward
3 – 4 Rock forward on left, recover weight onto right
5&6 Step back on left, step right next to left, step left forward
7 – 8 Rock forward on right, recover weight onto left

Section 3: Shuffle back, rock-recover, shuffle forward, pivot ¼

1&2 Step right back, step left next to right, step right back
3 – 4 Rock back on left, recover weight onto right
5&6 Step forward on left, step right next to left, step left forward
7 – 8 Step forward on right, ¼ turn left step left to left side (9:00)

Option: On the shuffle back (1&2), move your arms from front to back, palms forward, and on the shuffle forward (5&6), move your arms from back to front, palms forward

Section 4: Pivot ¼, cross, side, weave, side, stomp up

1 – 2 Step forward on right, ¼ turn left step left to left side (6:00)
3 – 4 Step right across in front of left, step left to left side
5&6 Step right behind of left, step left to left side, step right across in front of left
7 – 8 Step left to left side, stomp right next to left (no weight)

Option: On the stomp, put your arms out and down to the sides, palm down

Easy tag:

Just to the first 8 counts and start again!

Option tag:

1&2 Step right to right side, step left next to right, step right to right side
3 – 4 Rock back on left, recover weight onto right
5 – 6 Step left to left side, stomp right next to left (no weight)
7 – 8 Hold, hold

Ending: After wall 12 (facing 6:00), do the first steps (1&2) and then turn ½ turn to left step forward on left, step right forward – TA DA! (12:00)

RESTART and ENJOY!