

The Truth Is

拍數: 32 牆數: 2 級數: Intermediate
編舞者: Willie Brown (SCO) - September 2024
音樂: The Truth - Megan Woods



*1 tag + 1 restart

Intro; 8 counts - on vocals (approx 9 seconds)

SECTION 1 – STEP FORWARD w SWEEP, WEAVE w SWEEP, BEHIND SIDE ROCK w HITCH, RECOVER, SIDE, CROSS ROCK, RECOVER FULL TURN

- 1 Step forward on Right sweeping Left out and forward
2&3 Cross Left over Right, step Right to Right side, cross Left behind Right sweeping Right out and back
4&5 Cross Right behind Left, step Left to Left side, make 1/8 turn Left to diagonal and rock forward on Right hooking Left foot behind Right knee in a figure 4 position [10.30]
6&7& Recover back on Left, turn 1/8 Right and step Right to Right side, turn 1/8 Right to diagonal and rock Left over Right, recover back on Right [1.30]
8& Turn 3/8 Left and step forward on Left, turn 1/2 Left and step back on Right

SECTION 2 – SWAY x2, SCISSOR STEP, 1/2 TURN, SWAY x2, SCISSOR STEP, SIDE

- 1,2 Turn 1/4 Left and sway to Left, sway to Right [12]
3&4& Step Left to Left side, close Right beside Left, cross Left over Right, step Right to Right side
5,6 Turn 1/2 Left and sway to Left, sway to Right [6]
7&8& Step Left to Left side, close Right beside Left, cross Left over Right, step Right to Right side

SECTION 3 – 1/2 FALLWAY DIAMOND, HOOK, 1/2 TURN, ROCK, FULL TURN

- 1 Turn 1/8 Left and step back on Left [4.30]
2&3 Step back on Right, turn 1/8 Left and step Left to Left side, turn 1/8 Left and step forward on Right [1.30]
4&5& Step forward on Left, turn 1/8 Left and step Right to Right side, turn 1/8 Left and step back on Left, hook Right across front of Left [10.30]
6&7& Step forward on Right, turn 1/2 Right and step back on Left, rock back on Right, recover forward on Left [4.30]
8& Turn 1/2 Left and step back on Right, turn 1/2 Left and step forward on Left (full turn)

SECTION 4 – WALK, WALK, LUNGE 1/4, TRIPLE TURN, HOLD w ARMS, BACK 1/2 TURN

- 1.2 Step forward on Right, step forward on Left
****Restart here during wall 5 – see below**
3 Turn 1/4 Left and lunge to Right on Right [1.30]
4&5 Turn 1/4 Left and step forward on Left, turn 1/2 Left and step back on Right, turn 3/8 and step forward on Left [12]
6,7 Close Right beside Left keeping weight on Left
***Arms – Keeping arms straight, palms up, bring them from your sides out in front then up to the sky**
8& (1) Step back on Right, step back on Left, turn 1/2 Right (and step forward Right to begin) [6]
***Arms – Bring both arms back down into your chest as you step back into the turn**

TAG; At the end of wall 2, facing 12 o'clock, dance the first 4& counts of the dance then begin again

RESTART; During wall 5 dance to count 2 of Section 4 then square up to 6 o'clock to begin again

ENDING; During wall 7 dance to the end of Section 2 then turn 1/2 Left to face 12 o'clock and step Left to Left side bringing arms up just like we do in Section 4

