

Smooth

拍數: 32 牆數: 4 級數: Improver
編舞者: Sally Hung (TW) - December 2024
音樂: Smooth (feat. Rob Thomas) - Santana



Intro: 16 counts

Tag (8c): After Wall 3 (facing 3:00), After Wall 8 (facing 3:00), After Wall 10 (facing 9:00)
1-4 Step R fwd, Pivot 1/2 turn L, Step R fwd, Pivot 1/2 turn L
5-8 Step R across L, Step back on L, Step R to R side, Step L fwd

Tag (4c): After Wall 9 (facing 12:00)
1-4 Step R fwd, Pivot 1/2 turn L, Step R fwd, Pivot 1/2 turn L

Restart happen on Wall 5 after 16 counts, facing 12:00

Main Dance (32 counts)

S1. BOTAFOGO, VOLTA, 1/4 FWD SHUFFLE, SIDE MAMBO

1&2 Cross RF over LF, Step LF to L on ball, Step RF in place
3&4 Cross LF over RF, Step RF next to LF on ball, Cross LF over RF
5&6 Make 1/4 turn R stepping RF fwd, Step LF behind RF, Step RF fwd
7&8 Rock LF to L side, Recover on RF, Close LF next to RF

S2. SIDE, TOGETHER, CHASSE R 1/4 TURN R, POINT, 1/2 R FLICK, FWD SHUFFLE

1,2 Step RF to the R, Close LF beside RF
3&4 Step RF to the R, Step LF beside RF, 1/4 turn R stepping RF fwd
5,6 Point LF fwd, Flick L back w/ 1/2 turn R
7&8 Step LF fwd, Step RF behind LF, Step LF fwd

S3. CROSS MAMBO, CROSS MAMBO, CROSS, SIDE CHASSE

1&2 Rock RF across LF, Recover back to LF, Step RF to R
3&4 Rock LF across RF, Recover back to RF, Step LF to L
5,6 Rock RF across LF, Recover on LF
7&8 Step RF to the R, Step LF beside RF, Step RF to the R

S4. CROSS, SIDE CHASSE W/ 1/4 TURN L, SAMBA WHISK X2

1,2 Rock LF across RF, Recover on RF
3&4 Step LF to the L, Step RF beside LF, 1/4 turn L stepping LF fwd
5&6 Step RF to R side, Ball LF behind RF, Step RF in place
7&8 Step LF to L side, Ball RF behind LF, Step LF in place

Enjoy!

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