

# Strut Your Stuff

COPPER KNOB  
STEPPERS

拍數: 32      牆數: 4      級數: Beginner  
編舞者: Sue Korek (USA) - 25 December 2024  
音樂: Her Strut - Bob Seger



## Alternate Music:

Dancing on the Ceiling (Lionel Richie—19 June 1986) bpm=133, Intro: 48 counts on lyrics “What is happening here?”

No tags, no restarts

Intro: 48 counts on lyrics “She’s totally committed”

## S1: (PRISSY WALK FORWARD, BACK)

1-2            Walk R forward slightly crossing over L, walk L forward slightly crossing over R  
3-4            Walk R forward slightly crossing over R, kick L  
5-6            Walk L back slightly crossing behind R, walk R back slightly crossing behind L  
7-8            Walk L back slightly crossing behind R, touch R

## S2: (TWO TOE STRUTS, ROCKING CHAIR)

1-2            Touch R toe forward, drop R heel  
3-4            Touch L toe forward, drop L heel  
5-6            Rock R forward, recover on L  
7-8            Rock R backward, recover on L

## S3: (TRIPLE FORWARD, ROCK FORWARD, RECOVER, BACK LR, COASTER STEP)

1&2            Triple forward RLR  
3-4            Rock L forward, recover R  
5-6            Step L backward, step R backward  
7&8            Step L backward, step R beside L, step L forward

## S4: (TWO TOE STRUTS FORWARD, TURN ¼ RIGHT TWO TOE STRUTS FORWARD)

1-2            Touch R toe forward, drop R heel  
3-4            Touch L toe forward, drop L heel  
5-6            ¼ Turn right touch R toe forward, drop R heel  
7-8            Touch L toe forward, drop L heel

Enjoy this Beginner dance with many toe struts.

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