

Three Bomb

拍數: 96 牆數: 1 級數: Phrased Intermediate
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December 2024
音樂: Bomb Bomb Bomb (밤밤밤) - MYTRO (마이트로)



Intro: 32 Count

Seq: A B C Tag A A B C Tag A A A

#PART A: 32c

S1. Diagonal Forward w/ Touch – Side Mambo (R – L)

1 – 2 Step R diagonal fwd whilst touch L beside R, Step L diagonal fwd whilst touch R beside L
3 – 4 Step R diagonal fwd whilst touch L beside R, Step L diagonal fwd whilst touch R beside L
5 & 6 Step R to side, Recover on L, Step R close to L
7 & 8 Step L to side, Recover on R, Step L close to R

S2. Modified Cross Mambo – Cross Samba

1&2& Step R cross to L, Recover on L, Step R to side, Recover on L
3 & 4 Step R cross to L, step L to side, Recover on R
5&6& Step L cross to R, Recover on R, Step L to side, Recover on R
7 & 8 Step L cross to R, step R to side, Recover on L

S3. Cross Rock – Triple Step

1 – 2 Step R cross to L, Recover on L
3 & 4 Step R close to L, Step L in place, Step R in place (clap 3x on count 3&4)
5 – 6 Step L cross to R, Recover on R
7 & 8 Step L close to R, Step R in place, Step L in place (clap 3x on count 7&8)

S4. Jazz Box – Out Out – Swivel

1 – 2 Step R cross to L, Step back on L
3 – 4 Step R to side, Step forward on L
5 – 6 Step R diagonal fwd, Step L diagonal fwd
7 & 8 Step both heel in, Step both toe in, Step both heel in

#PART B: 32c

S1. Touch – Point – Coaster Step

1 – 2 Touch fwd on R, Point R to side
3 & 4 Step back on R, Step L close to R, Step fwd on R
5 – 6 Touch fwd on L, Point L to side
7 & 8 Step back on L, Step R close to L, Step fwd on L

S2. Rock Fwd - ½ Turn Shuffle

1 – 2 Step fwd on R, Recover on L
3 & 4 ¼ turn right step R to side (3.00), Step L close to R, ¼ turn right step fwd on R (6.00)
5 – 6 Step fwd on L, Recover on R
7 & 8 ¼ turn left step L to side (3.00), Step R close to L, ¼ turn left step fwd on L (12.00)

S7. Dorothy Step – Jazz Box

1 – 2& Step R diagonal fwd, Step L behind R, Step R diagonal fwd
3 – 4& Step L diagonal fwd, Step R behind L, Step L diagonal fwd
5 – 6 Step R cross L, Step back on L
7 – 8 Step R to side, Step fwd on L

S8. Side Rock – Cross Shuffle

- 1 – 2 Step R to side, Recover on L
- 3 & 4 Step R cross L, Step L slightly to side, Step R cross L
- 5 – 6 Step L to side, Recover on R
- 7 & 8 Step L cross R, Step R slightly to side, Step L cross R sweep on R from back to front

#PART C: 32c

S1. Weave w/ Sweep (R-L)

- 1 – 2 Step R cross L, Step L to side
- 3 – 4 Step R behind L, Sweep L front to back
- 5 – 6 Step L behind R, Step R to side
- 7 – 8 Step L cross R, Sweep R back to front

S2. Diagonal – Touch (R-L) – Pivot

- 1 – 2 Turn 1/8 left step fwd on R (10.30), Turn 1/8 right touch L beside R (12.00)
- 3 – 4 Turn 1/8 right step fwd on L (1.30), Turn 1/8 left touch R beside L (12.00)
- 5 – 6 Step fwd on R, Turn ½ left step L in place (6.00)
- 7 – 8 Step fwd on R, Turn ½ left step L in place (12.00)

S3. Back Diagonal (R-L) – Diagonal Back Shuffle

- 1&2& Step back to right diagonal on R, Touch L beside R, Step back to left diagonal on L, Touch R beside L
- 3&4 Step back to right diagonal on R, Step L close to R, Step back to right diagonal on R
- 5&6& Step back to left diagonal on L, Touch R beside L, Step back to right diagonal on R, Touch L beside R
- 7&8 Step back to left diagonal on L, Step R close to L, Step back to left diagonal on L

S4. Modified Rock Step – Walk Around

- 1 – 2& Step fwd on R, Recover on L, Step R close to L
- 3 – 4& Step fwd on L, Recover on R, Step L close to R
- 5 – 6 Turn ¼ right step fwd on R (3.00), Turn ¼ right step fwd on L (6.00)
- 7 – 8 Turn ¼ right step fwd on R (9.00), Turn ¼ right step fwd on L (12.00)

TAG: 4c

- 1 – 2 – 3 – 4 Step fwd on R, Flick on L (do the tango hand style), Step back on L, Hook on R w/ clap

Let's Dance

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