

Loser's Lounge

拍數: 64 牆數: 4 級數: Improver
編舞者: Rex Allott (UK) - December 2024
音樂: Loser's Lounge - Ringo Starr



Intro - 16 beats

S1. Rhumba box fwd R

- 1-2. Step R fwd, step L next to R
- 3-4. Step R to R, step L next to R
- 5-6. Step R back, step L next to R
- 7-8. Step L to L, step R next to L

S2. Weave L, side step L, cross step R

- 1-2. Step L to L, step R behind L
- 3-4. Step L to L, step R over L
- 5-6. Step L to L, step R next to L
- 7-8. Cross L over R, step R next to L

S3. Rhumba box fwd L

- 1-2. Step L fwd, step R next to L
- 3-4. Step L to L, step R next to L
- 5-6. Step L back, step R next to L
- 7-8. Step R to R, step L next to R

S4. Weave R, side step R, cross step L

- 1-2. Step R to R, step L behind R
- 3-4. Step R to R, step R over L
- 5-6. Step R to R, step L next to R
- 7-8. Cross R over L, step L next to R

S5. V step, side step R, L

- 1-2. Step R diagonally out R, step L diagonally out L
- 3-4. Step R diagonally back L, step L next to
- 5-6. Step R out R, step L next to R
- 7-8. Step L to out L, step R next to L

S6. Kick L over R, R over L, rock back, fwd, L kick ball step

- 1-2. Step R to R, kick L diagonally fwd R
- 3-4. Step L to L, kick R diagonally fwd L
- 5-6. Step R back, step L next to R
- 7&8. Kick R out fwd, step L down, step R next to L

S7. Jazz box cross, jazz box cross 1/4 turn R

- 1-2. Cross R over L, step L to L
- 3-4. Step R diagonally back R, step L next to R
- 5-6. Cross R over L, step L to R
- 7-8. Turning 1/4 R step R back, step L next to

S8. Fwd step, side step R, back step, side step L

- 1-2. Step R fwd, step L next to R
- 3-4. Step R out R, return next to L

- 5-6. Step L back, step R next to L
7-8. Step L out L, return next to R

On last S7. omit 1/4 turn R to finish facing 12 o'clock (then slow V step or similar to 'oh yeah' if you fancy)
