

Rollin' With the Flow

COPPERKNOB
STEPSHEETS

拍數: 32 牆數: 4 級數: Beginner
編舞者: Hiroko Carlsson (AUS) - December 2024
音樂: Rollin' With the Flow - Charlie Rich



Please feel free to contact me if you need any further information. (hirokoclinedancing@gmail.com)
(Intro: 16 counts)

[S1] Fwd, Fwd, 3/4L, Fwd, Rocking Chair

1 2 Walk forward on R-L
3 4 Step forward on R making a $\frac{3}{4}$ turn left on ball of R foot (3:00), Step forward on L
5 6 Rock forward on R, Replace weight on L
7 8 Rock back on R, Replace weight on L

[S2] Side, Behind, 1/4R Shuffle Fwd, Step-Pivot 1/2R, Shuffle Fwd

1 2 Step R to the side, Step L behind R
3&4 Making a $\frac{1}{4}$ turn right shuffle forward on R-L-R (6:00)
5 6 Step forward on L, Make a $\frac{1}{2}$ turn right recover weight on R (12:00)
7&8 Shuffle forward on L-R-L

[S3] Reverse Rumba Shuffle

1 2 Step R to the side, Step L next to R
3&4 Shuffle back on R-L-R
5 6 Step L to the side, Step R next to L
7 8 Shuffle forward on L-R-L

[S4] Step-Pivot 1/4L, Box Step, Step-Pivot 1/2L

1 2 Step forward on R, Make a $\frac{1}{4}$ turn left recover weight on L (9:00)
3 4 Cross R over L, Step back on L
5 6 Step R to the side, Step forward on L
7 8 Step forward on R, Make a $\frac{1}{2}$ turn left recover weight on L (3:00)

Tag at the end of Wall 4 (12:00) Reverse Rumba Shuffle -Same as Section 3

1 2 Step R to the side, Step L next to R
3&4 Shuffle back on R-L-R
5 6 Step L to the side, Step R next to L
7&8 Shuffle forward on L-R-L

Ending suggestion: The last wall starts facing 6:00. Dance towards the end, change the last 2 counts to - Step forward on R (7), Make a $\frac{1}{4}$ turn left recover weight on L (8) (12:00)

(updated: 21/Dec/24)