

# Rise My Love

**COPPER** **KNOB**  
BY STEPSHEETS

拍數: 32      牆數: 2      級數: Newcomer  
編舞者: José Coronado (ES) - 2 December 2024  
音樂: Rise - Calum Scott : (Album: Bridges)



**Intro: 8 counts - without tags or restarts**

**Step sheet by: J.J. Vara (Catalonian-Spain)**

**ROCK RIGHT & STEP LEFT, CROSS PASS CROSS RIGHT, PIVOT 1/4 LEFT, SHUFFLE AND PIVOT 1/2 LEFT.**

**Start with your feet together (12:00 o'clock).**

- 1-2-            Rock to the right with the right foot. Step in place with the left foot (Left Step).
- 3-4-            Cross the right foot in front of the left foot doing a Shuffle.
- 5-6-            Rock with the left foot turning 1/4 turn to the left (9:00 o'clock) and right step.
- 7-8-            Shuffle turning 1/2 turn left with left foot (3:00 o'clock).

**ROCK RIGHT & STEP LEFT, COASTER STEP RIGHT. ROCK LEFT & STEP RIGHT, COASTER STEP LEFT.**

- 9-10-           Rock in front with the right foot. Step in place with your left foot.
- 11-12-           Coaster Step with the right foot
- 13-14-           Rock in front with his left foot. Step into place with your right foot.
- 15-16-           Coaster Step with left foot.

**SHUFFLE, STEP LEFT & PIVOT 1/4 RIGHT. CROSS PASS CROSS LEFT. ROCK RIGHT & STEP LEFT.**

- 17-18-           Shuffle forward with right foot.
- 19-20-           Step forward with the left foot and turn 1/4 turn to the right (6:00 o'clock).
- 21-22-           Cross the left foot in front of the right foot doing a Shuffle.
- 23-24-           Rock on the right with the right foot. Step in place with your left foot.

**SAILOR STEP RIGHT. SAILOR STEP & PIVOT 1/2 LEFT. STEP RIGHT & PIVOT 1/2 LEFT. STOMP RIGHT, STOMP LEFT.**

- 25-26-           Sailor Step with the right foot.
- 27-28-           Sailor Step turning 1/2 turn to the left with the left foot (12:00 o'clock).
- 29-30-           Step forward with the right and 1/2 turn (6:00 o'clock).
- 31-32-           Right Stomp and Left Stomp.

**Starting over.**

**ENDING: Final sequence after the Stomp: SLIDE RIGHT & TOUCH LEFT.**

**At the end of the dance, after steps 31-32, the right foot is moved to the right and the left foot is approached in a Touch.**

**RISE MY LOVE**

**Submitted by: Juan-José Vara Bengochea - Email: [jjcountryld@gmail.com](mailto:jjcountryld@gmail.com)**