

Lasso You

拍數: 64 牆數: 4 級數: Improver
編舞者: Annemette Toft (DK) - 2006
音樂: Lasso You - Tamra Rosanes



#48 Counts. Start dance on vocals (0:18)

One easy restart. After 2 minutes and 50 seconds, Tamra sings, "This wasn't the last time I would lasso you" – then restart. The restart occurs on wall 7 after 24 counts. You will dance the first 24 counts and then restart the dance facing 6 o'clock.

Section 1: Lock-step, hitch, step-hold x 2

1-3 L step forward, R lock behind Left, L step forward
4 Hitch Right knee
5-7 Step Right foot down, hold, step Left foot next to Right,
8 Hold

Section 2: Toe fans, coaster-step

1-2 Point Right toe to 2 o'clock, bring Right toe back to center
3-4 Point Right toe to 2 o'clock, bring Right toe back to center
5-7 Coaster-step (starting with the Left foot),
8 Touch Right toe next to Left foot

Section 3: Vine with holds, slaps

1 Step Right foot to the Right
2 Hold
3 Cross Left foot behind Right
4 Hold
5 Step Right foot to the Right
6 Slap Left foot behind Right leg using Right hand
7 Step Left foot next to Right Foot
8 Slap Right foot in front of Left leg using Left

* Restart here on wall 7

Section 4: Rock-step, coaster-step

1-2 Rock forward on Right foot, touch Left toe behind Right foot
3-4 Rock back on Left, set Right heel forward
5-7 Coaster-step (starting with the Right foot),
8 Touch Left toe next to Right foot

Section 5: Rock forward-touch, rock back-touch, turn with chassé

1-2 Rock forward on Left foot, touch Right toe behind Left foot
3-4 Rock back on Right, touch Left toe back
5-7 Chassé to the Left (L-R-L) end facing 9 o'clock
8 Touch Right toe next to Left foot

Section 6: Right heel, Left heel, step-turn

1 Right heel forward
2 Right foot back to center
3 Left heel forward
4 Left foot back to center
5 Step forward with the Right foot

- 6 Hold
- 7 Pivot ½ turn Left, shifting weight onto the Left foot (ending facing 3 o'clock),
- 8 Hold

Section 7: Diagonally Lock-steps x2

- 1-3 Lock-steps diagonally forward to the Right (R-L-R)
- 4 Scuff Left foot
- 5-7 Lock-steps diagonally forward to the Left (L-R-L)
- 8 Scuff Right foot

Section 8: Rock forward-touch, rock back-touch, triple-turn

- 1-2 Rock forward on Right foot, touch Left toe behind Right foot
- 3-4 Rock back on Left, set Right heel forward
- 5-7 Triple turn to the Right (full turn clockwise) over 3 counts
- 8 Hitch Right knee

Alternative for section 6:

Here is an alternative for section 6. The original stepsheet suggests heel-jacks instead of heel-together-heel-together. If you're up for something fast, feel free to do section 6 with heel-jacks. Here are the steps:

- &1 Step diagonally back with the Right foot - present Left heel forward
- &2 Step Left foot back to center - step right foot back to center
- &3 Step diagonally back with the Left foot - present Right heel forward
- &4 Step Right foot back to center - Step Left foot back to center
- 5 Step forward with the Right foot
- 6 Hold
- 7 Pivot ½ turn Left, shifting weight onto the Left foot (ending facing 3 o'clock),
- 8 Hold

Note

This dance has been choreographed by Annemette Toft (DK).

The stepsheet was available on another platform, but not on CopperKnob, which I thought was a shame. I have asked Annemette for permission to upload the dance here as well.
