

Guantanamera Rumba

COPPER KNOB
BY STEPHEN

拍數: 32 牆數: 4 級數: Improver
編舞者: Yo Herry P (INA) - December 2024
音樂: The Best of Ballroom - Guantanamera - Rumba



Intro: 32 Count

S1: BACK ROCK, RECOVER, CROSS TOUCH, HOLD, DROP HEEL, SIDE ROCK, RECOVER, CROSS OVER, HOLD

1-4 Rock R back (1), Recover on L (2), Cross touch R over L (3), Hold (4)
&5-6 Drop R heel (&), Rock L to side (5), Recover on R (6)
7-8 Cross L over R (7), Hold (8)

S2: CHASSE, DIAGONAL FORWARD ROCK, RECOVER, SIDE, HOLD

1-4 Step R to side (1), Step L next to R (2), Step R to side (3), Hold (4)
5-8 Rock L forward diagonally right (5), Recover on R (6), Make 1/8 left turn step L to side (7), Hold (8)

S3: CROSS OVER, SIDE, CROSS BEHIND, SWEEP, TURN ¼ LEFT BACK LEFT COASTER STEP

1-4 Cross R over L (1), Step L to side (2), Cross R behind L (3), Sweep L from front to back (4)
5-8 Make ¼ left turn step L back (5), Step R next to L (6), Step L forward (7), Hold (8) 9.00

S4: PIVOT ½ LEFT TURN WITH TOUCH, HIPS ROLL, FORWARD, FORWARD, SIDE ROCK, RECOVER

1-2 Step R forward (1), Make ½ left turn on L&touching L toe (2) 3.00
3&4 Rolling hips L (3), R (&), L drop heel (4)
5-8 Step R forward (5), Step L forward (6), Rock R to side (7), Recover on L (8)

Enjoy the dance!

Restart during Wall 4 & Wall 8 after 16 counts

For more questions about this dance please contact me at: yodancesport@gmail.com