

See About Me and You

COPPERKNOB
STEPSHEETS

拍數: 32 牆數: 4 級數: Beginner
編舞者: Sue Korek (USA) - 20 December 2024
音樂: Come See About Me - The Supremes
或: Ride Around - Ryan Montgomery



Alternate Music:

Ride Around (Ryan Montgomery 23 August 2024) bpm=120

No tags, no restarts

Intro: 16 counts on lyrics "I worked every day..."

Section 1 (SHUFFLE FORWARD, ROCK, BACK LR, COASTER)

1&2 Shuffle forward RLR
3-4 Rock L forward, recover R
5-6 Step L back, step R back
7&8 Step L back, step R beside L, step L forward

Section 2 (WEAVE RIGHT, SHUFFLE RIGHT, ROCK)

1-2 Step R right, step L behind R
3-4 Step R right, step L across R
5&6 Step R right, shuffle L beside R, step R right
7-8 Rock L back, recover R

Section 3 (WEAVE LEFT, SHUFFLE LEFT, ¼ TURN RIGHT, ROCK BACK)

1-2 Step L left, step R behind L
3-4 Step L left, step R across L
5&6 Step L left, shuffle R beside L, step L left
7-8 ¼ turn right rock R back, recover L

Section 4 (KICK, KICK, SAILOR STEP, KICK, KICK, SAILOR STEP)

1-2 Kick R across L, kick R forward
3&4 Step R back, step L beside R, step R beside L
5-6 Kick L across R, kick L forward
7&8 Step R back, step L beside R, step R beside L

Another option: Replace kicks with points.

Enjoy this Beginner dance with shuffles, coaster step, weaves, and sailor step.

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