

# At My Worst

COPPER KNOB  
BY STEPSHEETS

拍數: 32      牆數: 2      級數: Beginner  
編舞者: Ika Suherman (INA) & Rika Fenita (INA) - December 2024  
音樂: At My Worst (feat. TIN) - Pink Sweat\$



No tag/no Restart  
Start dance on vocal

## S1. LOCK STEP – SHUFFLE FORWARD

1 – 2      Step fwd to diagonal right on R (1), Step L behind R (2)  
3 & 4      Step fwd on R (3), Step L behind R (&), Step fwd on R (4)  
5 – 6      Step fwd to diagonal left on L (5), Step R behind L (6)  
7 & 8      Step fwd on L (7), Step R behind L (&), Step fwd on L (8)

## S2. FORWARD MAMBO, MAMBO BACK, PIVOT ½ R , PRISSY WALK RL

1&2      Rock RF Forward (1), Recover on LF (&), Step RF Backward (2)  
3&4      Rock LF back (3), recover right (&), step LF forward (4)  
5 - 6      Step R Forward, 1/2 turn left stepping L in place (06.00)  
7 - 8      Step R forward slightly cross over LF (7) - Step L forward slightly cross over RF (8)

## S3. Side Rock, Recover, Behind, Side, Fwd) R, L

1 - 2      Rock RF to R (1), Recover LF (2),  
3&4      Cross RF behind LF (3), Step LF to L(&), Cross RF over LF (4)  
5 - 6      Rock LF to L (5), Recover RF (6)  
7&8      Cross LF behind RF (7), Step RF to R (&), Cross LF over RF (8)

## S4. ROCK RECOVER SHUFFLE BACK, ROCK RECOVER SHUFFLE FORWARD

1-2      Rock forward on RF (1), recover on LF (2)  
3&4      Step back on RF (3), step LF next to RF (&), step back on RF (4)  
5-6      Rock back on LF (5), recover on RF (6)  
7&8      Step forward on LF (7), step RF next to LF (&), step forward on LF (8)

Have fun & enjoy

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