

Now or Never (It's My Life)

COPPER KNOB
BY STEPHEN

拍數: 32 牆數: 2 級數: Improver
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音樂: Now Or Never - Pitbull & Bon Jovi



Intro : 16 count

S.I : ROCK SIDE – WEAVE - GRAPEVINE

12 Rock RF to side – recover LF
3&4 Step RF behind LF – step LF to side left – cross RF over LF
5678 Step LF to side left – Cross RF behind LF - Step LF to side left – touch RF behind LF

S.II : DOROTHY R-L , FORWARD – L¼TURN – CROSS – R¼TURN - BACK

12& Step RF diagonal forward – lock LF behind RF - Step RF diagonal forward
34& LF diagonal forward – lock RF behind LF - Step LF diagonal forward
5678 Step RF forward – L¼turn step LF in place – cross RF Over – R ¼ Turn LF back

S.III : RIGHT TURN ½ , CROSS SHUFFLE , RIGHT TURN ½ , FORWARD , KICK , BACK , COASTERSTEP R ½TURN

1 R¼turn step RF to side right
2&3 Cross LF over RF – ball RF behind LF – cross LF over RF
456 R½turn step RF forward - kick LF forward – step LF back
7&8 R½turn step RF back – next close LF to RF – step RF forward

S.IV : SYNCOPATED ROCK SIDE , JAZZ BOX

12& Rock LF to side – recover on RF – next close LF to RF
34& Rock RF to side – recover on LF – next close RF to LF
5678 Cross RF over LF – step LF back – Step RF to side – step LF forward

TAG : HOLD (4C) AFTER WALL 2

1234 FREESTYLE