

My Powerful Mom

COPPER **KNOB**
BY STEPHENETS

拍數: 32 牆數: 4 級數: Beginner
編舞者: Fransiska J. Girsang (INA) - December 2024
音樂: Powerful Women - Pitbull & Dolly Parton



No tag No restart

Intro 16 counts

SEC 1. FORWARD R – L – R – L - SWIVEL

1 – 2 – 3 – 4 Step R forward, Step L forward, Step R forward, Step L forward
5 & 6 Move heels to right, Move toes to right, Move heels to right
7 & 8 Move heels to left, Move toes to left, Move heels to left

SEC 2. SIDE ½ TURN PIVOT w/FLICK – SHUFFLE – ½ TURN PADDLE

1 – 2 Step R forward, Turn ½ to left recover on L
3 & 4 Step R forward, Step L together, Step R forward
5 & 6 & Turn ¼ to right touch L to right, Hitch L, Turn 1/8 right touch L to right, Hitch L
7 & 8 Turn 1/8 to right touch L to right, Hitch L, Close L beside R

SEC 3. SIDE – CLOSE – ¼ TURN SIDE – CLOSE

1 – 2 – 3 – 4 Step R to side, Close L beside R, Step R to side, Close L beside R
5 – 6 – 7 – 8 Turn ¼ left Step L to side, Close R beside L, Step L to side, Touch R beside L

SEC 4. CROSS TOUCH – SIDE TOUCH – CROSS – BACK – SIDE (R – L)

1 – 2 Touch R over L – Touch R to side
3 & 4 Cross R over L – Step L back – Step R to side
5 – 6 Touch L over R – Touch L to side
7 & 8 Cross L over R – Step R back – Step L to side

Enjoy the dance...

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Pekanbaru Line dance Community (PLDC)