Is It Too Late



編舞者: Sheila Kenny (USA) - December 2024

音樂: Solo - Myles Smith



No Tags No Restarts Start on Vocals

Intro. 16 cts/8sec

Section 1 Toe Points x 2, Sailor Step x 2

1,2	Point Right Toe forward, Point Right Toe to Right side
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3&4 Cross RF behind LF, Step LF to Left side, Step RF to Right side

5,6 Point Left Toe forward, Point Left Toe to Left side

7&8 Cross LF behind RF, Step RF to Right side, Step LF to Left side

Section 2 Kickball Change x 2, Jazz Box/Right 1/4 Turn

1&2 Kick RF Forward, Step on ball of RF rolling RF flat next to LF while raising LF at same time,

Recover Weight on LF with Right Toe Touch.

3&4 Repeat as in 1&2

5,6 Cross, RF over LF, Step back on LF

7,8 Turn ¼ Right stepping RF forward (3:00), Step LF next to RF

Section 3 Grapevine x 2

Step RF to Right side, Cross LF behind RF, Step RF to Right side, Touch Left Toe next to RF
Step LF to Left side, Cross RF behind LF, Step LF to Left side, Touch Right Toe next to LF

Section 4 Shuffle back x 2, Reverse Right Rocking Chair

Step back on RF, Slide LF back next to RF, Slide RF back
Step back on LF, Slide RF back next to LF, Slide LF back

5-8 Rock back on RF, Recover weight forward on LF, Rock forward on RF, Recover weight back

on LF

To teach balance and the Sailor Step.

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