

Birds

拍數: 32 牆數: 2 級數: Improver
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音樂: BIRDS OF A FEATHER - Billie Eilish



Intro: 8 Counts

Step – Step – Anchor Step – Step Back - Step Back – Coaster Step

1 – 2 step right forward – step left forward
3 & 4 step right behind left – recover weight onto left – step right behind left
5 – 6 step left backwards – step right backwards
7 & 8 step left backwards - step right next to left – step left forward

Side Rock – Cross Tripple – ¼ turn – ½ turn – Rock Step – Step Back

1 – 2 step right to right side – recover weight onto left
3 & 4 step right forward in front of left - step left to left side – step right forward in front of left
5 – 6 ¼ turn to right side and step left backwards - ½ turn to right side and step right forward = 9
 Uhr
7 & 8 step left forward – recover weight back onto right – step left backwards

Step Back - Step Back – Back Rock – Side – Rock Step – Lock Step back

1 – 2 step right backwards – step left backwards
3 & 4 step right backwards – weight to left - step right to right side
5 – 6 step left forward – recover weight back onto right
7 & 8 step left backwards – step right across left – step left backwards

Point - Point – ¼ Sailor Step – Rock Step – ½ Tripple turn

1 – 2 right point forwards – right Point of the right side
3 & 4 ¼ turn and step right behind left – step left to left side – step right to right side
5 – 6 step left forward – recover weight back onto right
7 & 8 ¼ turn left and step left side- step right next to the left – ¼ turn left and step left to the left side
 = 6h

END

7.12.2024

Last Update - 19 Dec. 2024 - R1