

La Isla Bonita 10

COPPERKNOB
STEP SHEETS

拍數: 32 牆數: 2 級數: Easy Intermediate
編舞者: Eun Hee Yoon (KOR) - December 2024
音樂: La Isla Bonita (Studio version/Edit) - Glee 10 Years



**** Intro: 16 counts**
**** Tag 1 – 8counts**
**** Tag 2 – 2counts**
**** Tag 3 – 4counts**
**** 2 Restarts**

Sec. 1) Forward Walks R-L, Stationary Samba walk, Cross Samba L-R

1-2 RF forward (1), LF forward (2)
3&4 RF forward (3), Rock LF back (&), Recover onto RF (4)
5&6 Cross LF over RF (5), Rock RF to R side (&), Recover onto LF (6)
7&8 Cross RF over LF (7), Rock LF to L side (&), Recover onto RF (8)

Sec. 2) Forward Rock, Recover, 1/4L Side, Cross, 1/4R Back Shuffle, Back Rock, Recover

1-2 Rock LF forward (1), Recover onto RF (2)
3-4 1/4L LF to L side (3) (9:00), Cross RF over LF (4)
5&6 1/4R LF back (5) (12:00), Cross RF over LF (&), LF back (6)
7-8 Rock RF back (7), Recover onto LF (8)

Sec. 3) Diagonal Forward Shuffle R-L, Forward Rock, Recover, 3/4R Spin Turn

1&2 RF diagonal R forward (1), LF behind RF (&), RF forward (2)
3&4 LF diagonal L forward (3), RF behind LF (&), LF forward (4)
5-6 Rock RF forward (5), Recover onto LF (6)
7-8 1/2R RF forward stepping (7) (6:00), 1/4R LF next to RF weight onto LF (8) (9:00)

Sec. 4) [Back Rock, Recover, Side] R-L-R, Back Rock, Recover, 1/4L Forward

1&2 Rock RF back (1), Recover onto LF (&), RF to R side (2)
3&4 Rock LF to L side (3), Recover onto RF (&), LF to L side (4)
5&6 Rock RF to R side (5), Recover onto LF (&), RF to R side (6)
7&8 Rock LF to L (7), Recover onto RF (&), 1/4L LF forward (8) (6:00)

**** Tag 1: End of Wall 2 – 8counts (facing 12:00)**

1-2 RF forward (1), LF forward (2)
3&4 RF forward (3), Rock LF back (&), Recover onto RF (4)
5-6 LF forward (5), RF forward (6)
7&8 LF forward (7), Rock RF back (&), Recover onto LF (8)

**** Tag 2: End of Wall 4 – 2counts (facing 12:00)**

1-2 Sway R (1), Sway L (2)

**** Tag 3: End of Wall 5 – 4counts (facing 6:00)**

1-4 Sway R (1), Sway L (2), Sway R (3), Sway L (4)

**** Restart: On Wall 6 after 16counts (facing 6:00)**

**** Tag 2+Restart: On Wall 8 after 16counts, tag for 2counts and start the Wall 9 (facing 12:00)**

Thank you for supporting the step sheet (Kuk kumson)
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