

# Dance Forever

COPPER KNOB  
BYEPOSTETS

拍數: 32      牆數: 4      級數: Beginner / Improver  
編舞者: Derek Robinson (UK) - December 2024  
音樂: Young Forever (Latino Remix) - Lian Ross : (Greatest Hits and Remixes)



The dance was choreographed by Derek Robinson to celebrate his 91st birthday

#32 count intro - Start with vocals on the word "young" - No tags or restarts

## Sec 1 MAMBO SWAYS FORWARD, WALK ½ CIRCLE RIGHT

- 1&2      With weight on left touch right to side swaying hips right, recover onto left, step forward on right
- 3&4      With weight on right touch left to side swaying hips left, recover onto right, step forward on left
- 5-6-7-8      Walk in a wide ½ circle right (with attitude), stepping - R L R L (6.00)

## Sec 2 FORWARD ROCK, COASTER STEP, SIDE ROCK, SAILOR ¼ TURN

- 1-2      Rock forward on right, recover onto left
- 3&4      Step back on right, step left beside right, step forward on right
- 5-6      Rock to left side on left, recover onto right
- 7&8      Turning ¼ left cross left behind right, step right to right side, step left in place (3.00)

## Sec 3 FORWARD, POINT, BACK, POINT, FORWARD ROCK, SHUFFLE ½ TURN

- 1-2-3-4      Step forward on right, point left toe to side, step back on left, point right toe to right side
- 5-6      Rock forward on right, recover onto left
- 7&8      Shuffle back ½ turn right stepping R L R (9.00)

## Sec 4 ACROSS, SIDE, BEHIND-SIDE-CROSS, SIDE ROCK, BACK ROCK

- 1-2      Cross left over right, step right to right side,
- 3&4      Cross left behind right, step right to right side, cross left over right
- 5-6      Rock to right side on right, recover onto left
- 7-8      Rock back on right, recover on left

Begin again

Ending: Adjustment not required - The dance finishes at the end of wall 12 facing the front