

Hei Hei Nurlela

COPPER KNOB
BY STEPHEN T. S.

拍數: 32 牆數: 2 級數: Beginner
編舞者: Syafri's Fitri (INA) - December 2024
音樂: Nurlela - Andre Taulany & Ayu Ting Ting



NO TAG - NO RESTART

SONGS ,: NURLELA by Ayu Ting Ting & ANDRE TAULANY

I. RUMBA FWD - HOLD (R/L)

1234 Step RF to R, Close LF next to RF, step RF forward, hold

5678 Step LF to L, close RF next to LF, step LF forward, hold

II. FWD MAMBO - HOLD - BACK MAMBO - HOLD

1234 Rock RF forward, recover onto LF, step RF back, hold

5678 Rock LF back, recover onto RF, step LF forward, hold

III. SWAY RL - 1/4 TURN FWD - HOLD - 1/4 PIVOT - CROSS OVER - HOLD

1234 Sway RF to R, sway LF to L, Turn 1/4 R stepping RF forward, hold

5678 Step LF forward, Turn 1/4 R weight on RF, Cross LF over RF, hold

IV. CROSS ROCK -SIDE - HOLD (R/L)

1234 Cross rock RF over LF, recover onto LF, step RF to R

5678 Cross rock LF over RF, recover onto RF, step LF to L

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