

Am I throwing you off?

COPPER KNOB
STEPSHEETS

拍數: 64 牆數: 3 級數: Phrased Intermediate
編舞者: Kamryn Miller (USA), Brooke Andersen (USA) & Emma Wilkinson (USA) - 5
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音樂: Promiscuous - Nelly Furtado



No restarts or tags

Walls: 3 (Wall 12, 9 and 6)

Start In after they say "Didn't think so" (0:03)

Sequence: A, A, B, B, A, A, B, B, A, A, B, B, A, A

Part A- 32 counts:

(A1): Walk,Walk, R heal grind, R coaster cross, side step 1/4 turn CW, step back 1/2 turn CW

- 1-2 Walk forward R - L
- 3-4 Grind R heel (Start toe pointing to the L and ending pointing to the R)
- 5 & 6 Step back on R, step L to R, step across L with R
- 7 Step to the side with L and make a 1/4 turn CW (3:00)
- 8 Step back R and make a 1/2 turn CW (9:00)

(A2): L shuffle, Side step with a back hitch, Left 1/4 shuffle CCW, Sweep back,back

- 1 & 2 L shuffle: step forward on L, step R next to L, step forward on L
- 3-4 Step to the right with your R, take your L foot and kick behind you into a back hitch
- 5 & 6 Step to the side on L, step R next to L, step to the side on L but making a 1/4 turn CCW(12:00)
- 7 Sweep backwards with your R ending with weight in your R foot
- 8 Sweep backwards with your L, cross L behind R with weight still being in your R foot

(A3): Behind side cross to the right, Step R with 1/4 CCW turn with a body roll , L coaster with a 2 step turn CCW

- 1 & 2 Continue the L sweep into a L behind R, step to the side with R, step across R with L
- 3 Step to the side with your R and make a 1/4 turn CCW (9:00)
- 4 Body roll
- 5 & 6 Step back on L, step R to L, step forward on L
- 7-8 Step forward with your R making a 1/2 turn CCW (3:00), step back with your L and make a 1/2 turn CCW (9:00)

(A4): Rocking chair, Pivot turn Left, L step, 2 step half turn CW into a hitch

- 1 & 2 Rock R forward - Recover on L, Rock R backward - Recover on L
- 3 & 4 Step with R foot and Pivot 1/2 turn CCW (3:00)
- 5 & 6 Step forward with your R, step with your L making a 1/2 turn CW (9:00)
- 7 & 8 Hitch with your L foot and put weight in left at the end.

(When doing A the second time keep the hitch holding till 8 so you are able to slide left)

Part B - 32 counts: (starts facing 6:00)

(B1): Slide Left, R sailor, L sailor with a 1/4 turn CCW, 1/2 hitch turn CCW :

- 1 - 2 Using the foot from the L hitch, Slide to the L with weight ending in your L foot
- 3 & 4 Cross R behind L, step L to side, step R to side
- 5 & 6 Cross L behind R, step R to side making a 1/4 turn CCW, step L to the side next to R (3:00)
- 7 & 8 Step forward R and make a 1/2 turn CCW while your L makes a hitch (9:00)

(B2): Slide back on L, R coaster, Slide step diagonal up to the L, R, L (use your L arm and push it across your body to the R when going to the L and vice verse when going to the R)

- 1 - 2 Slide back on L foot
- 3 & 4 Step back on R, step L to R, step forward on R
- 5 - 6 Step forward at a diagonal on L foot, slide R foot next to L (use your L arm and push it across your body to the R)
- 7 & Step forward at a diagonal on R foot, slide L foot next to R (use your R arm and push it across your body to the L)
- 8 & Step forward at a diagonal on L foot, slide R foot next to L (use your L arm and push it across your body to the R)

(B3): Slide R, 1/4 L sailor CCW, 1/2 turn CCW x3, step back with L

- 1 - 2 Slide to the R
- 3 & 4 Cross L behind R, step R to side making a 1/4 turn CCW, step L to the side next to R (6:00)
- 5 Step forward R and make a 1/2 turn CCW (12:00)
- 6 Step back L and make a 1/2 turn CCW (6:00)
- 7 Step forward R and make a 1/2 turn CCW (12:00)
- 8 Step back with your L

Alternate steps for this 8 count: Slide R, 1/4 L sailor CCW, Walk R,L, 1/2 turn CCW, step back with L

- 1 - 2 Slide to the R
- 3 & 4 Cross L behind R, step R to side making a 1/4 turn CCW, step L to the side next to R (6:00)
- 5 - 6 Walk forward with R then L
- 7 Step forward with R and make a 1/2 turn CCW (12:00)
- 8 Step to the back with L

(B4): R coaster, step L, Step R with a 1/4 turn CCW, 1/2 turn CCW x2

- 1 & 2 Step back on R, step L to R, step forward on R
- 3 - 4 Step forward L then R but making a 1/4 turn CCW (9:00)
- 5 - 6 Have weight in your R and make a 1/2 turn CCW (3:00) and end with weight in your L
- 7 - 8 Have weight in your R and make a 1/2 turn CCW (9:00) and end with weight in your R

(ends facing wall 2 (9:00))

Note: When doing B (32 count) twice through, we will end up back on wall 12:00

Last Update: 20 Feb 2025
