

Snow Day (Chair Dance)

COPPER KNOB
STEPSHEETS

拍數: 32 牆數: 1 級數: Absolute Beginner - Chair Dance
編舞者: Krista Davis (USA) - December 2024
音樂: Let It Snow! Let It Snow! Let It Snow! - Dean Martin



Introduction: 16 counts (begin at approximately :09)
Entire dance is performed in a seated position.

Section 1. Rt Heel, L Heel, Rt Heel, L Heel. {Hands on hips}

- 1-2 Step Rt heel out diagonally, then back.
- 3-4 Step L heel out diagonally, then back.
- 5-6 Step Rt heel out diagonally, then back.
- 7-8 Step L heel out diagonally, then back.

Section 2. Raise arms. Lower Arms.

- 1-4 With arms extended outwards from your sides at waist height, palms facing forward, slowly raise them up above your head.
- 5-8 Slowly lower arms back down from above your head to waist height.

Section 3. Clap Hands(x2). Heel raises & lap taps (x2).

- 1-2 Pause, clap.
- 3-4 Pause, clap.
- 5-6 Raise heels up quickly & tap lap with both hands while heels are raised (5), lower heels (6).
- 7-8 Raise heels up quickly & tap lap with both hands while heels are raised (7), lower heels (8).

Section 4. "SNOW" hands while swaying back & forth.

- 1-8 Starting at shoulder height, move hands, palms facing out, back & forth & down slowly to resemble snow falling.

REPEAT
