

Love We Lost

拍數: 64 牆數: 4 級數: Phrased High Beginner
編舞者: Curtis Dooma (CAN) - 11 December 2024
音樂: Love We Lost (feat. Simon Ward) - Armin van Buuren & R3HAB



Sequence: AA BB AA BB

Intro = 2 Counts

Phrase A: 32c

Section 1: Forward Diagonal Step Touches ×4 (RLRL)

1, 2 Step R to Right Front Diagonal (1:30), Touch L Together
3, 4 Step L to Left Front Diagonal (10:30), Touch R Together
5, 6 Step R to Right Front Diagonal (1:30), Touch L Together
7, 8 Step L to Left Front Diagonal (10:30), Touch R Together

Section 2: R Back-Lock-Back (RLR), L Back-Lock-Back (LRL), Backward V-Step

1&2 Step R to Back Right Diagonal (4:30), Lock-Step L in front of R foot, Step R to Back Right Diagonal (4:30)
3&4 Step L to Back Left Diagonal (7:30), Lock-Step R in front of L foot, Step L to Back Left Diagonal (7:30)
5,6,7,8 Step R Out to Back Right Diagonal (4:30), Step L Out to Back Left Diagonal (7:30), Step R In to Home, Step L In Together

Section 3: R Mambo Step, L Mambo Step, Monterey Turn -> ¼ R (3:00)

1&2 Step R to Right side, Recover Step L in place, Step R Together
3&4 Step L to Left side, Recover Step R in place, Step L Together
5,6,7,8 Point R to Right side, Turn ¼ R while stepping R foot in, Point L to Left side, Step L Together

Section 4: R Sailor Step, L Sailor Step, R Step to Right, Hip Sways x4 (RLRL)

1&2 Step R behind L foot, Step L to Left side, Step R to Right side
3&4 Step L behind R foot, Step R to Right side, Step L to Left side
&5,6,7,8 Step R to Right side, Hip Sway/Weight Shift over R foot, L foot, R foot, L foot (weighted on L)

Phrase B: 32c

Section 1: R Heel Step, L Heel Step, R Front Diagonal Step-"Shoop", L Heel Step, R Heel Step, L Front Diagonal Step-"Shoop"

1& Touch R Heel Forward, Step R Home/Together
2& Touch L Heel Forward, Step L Home/Together
3,4 Step R to Right Front Diagonal (1:30), Drag L Together (scooping arms forward) & Toe Touch L
5& Touch L Heel Forward, Step L Home/Together
6& Touch R Heel Forward, Step R Home/Together
7,8 Step L to Left Front Diagonal (10:30), Drag R Together (scooping arms forward) & Toe Touch R (unweighted on R)

Section 2: R Back-Lock-Back, L Back-Lock-Back, R Coaster Step, L Scuff-Hitch-Step/Stomp

1&2 Step R to Back Right Diagonal (4:30), Lock-Step L in front of R foot, Step R to Back Right Diagonal (4:30)
3&4 Step L to Back Left Diagonal (7:30), Lock-Step R in front of L foot, Step L to Back Left Diagonal (7:30)
5&6 Step R Back, Step L Together, Step R Forward
7&8 Scuff L foot Forward, Hitch L Knee Up, Step/Stomp L foot Together

Section 3; R Lindy Step, L Lindy Step -> ¼-Turn R

- 1&2 Step R to Right side, Step L Together, Step R to Right side
3,4 Back-Rock Step L behind R foot, Recover on R foot Forward
5&6 Step L to Left side, Step R Together, Step L to Left side
7,8 Turn ¼ R (3:00) & Back Rock-Step with R (towards 9:00), Recover on L foot Forward (3:00)

Section 4: R Vaudeville Step, L Vaudeville Step, R Toe-Heel-Stomp, L Toe-Heel-Stomp

- 1&2& Step R to Right side, Cross-Step L in Front of R foot, Step R to Right side, Touch L Heel Forward towards Left Front Diagonal (10:30)
3&4& Step L to Left side, Cross-Step R in Front of L foot, Step L to Left side, Touch R Heel Forward towards Right Front Diagonal (1:30)
5&6 Touch R Toe in place, Touch R Heel in place, Stomp R foot in place
7&8 Touch L Toe in place, Touch L Heel in place, Stomp L foot in place

Continue through the Phrased Sequence of AA BB AA BB

Ending: Stomp R Forward (12:00) after Phrase B, Section 4

Enjoy my Choreo!
