

MaMa

COPPER KNOB
BY STEPHEN

拍數: 32 牆數: 4 級數: Improver
編舞者: Andrico Yusran (INA) - December 2024
音樂: Mama (feat. William Singe) - Jonas Blue



No Tag No Restart

Start dance after intro music 16 counts

S1. *ROCK FORWARD - COASTER STEP - 1/4 FORWARD LOCK TURN L - 1/2 LOCK SHUFFLE TURN L*

1-2 Step forward R , recover on L
3&4 Back R , close L beside R , Forward R
5-6 1/4 L forward turn to L , lock R behind L
7&8 1/4 L forward turn to L , lock R behind L , 1/4 L forward turn to L (3.00)

S2. *SIDE ROCK - BEHIND - SIDE - CROSS - SIDE POINT - FLICK - CROSS - SIDE POINT - 1/4 CLOSE TURN R - SIDE POINT*

1-2 Step side R to side , recover on L
3&4 Cross R behind L , side L to side , cross R over L
5&6 Side point L to side , Flick L heel up , cross L over R
7&8 Side point R to side , 1/4 R close turn to R , side point L to side (6.00)

S3. *1/4 DIAMOND TURN L - LOCK SHUFFLE - 1/2 CHASE TURN L*

1&2& Step L cross over R , side R to side , 1/8 L back turn to L , hitching R knee up
3&4 Back R diagonal , side L to side , forward R (3.00)
5&6 L forward , lock R behind L , forward L
7&8 Forward R , 1/2 turn to L recover , forward R (9.00)

S4. *FORWARD - 3/4 R TURN R - 1/4 BOTAFOGO TURN L - FORWARD SHUFFLE - SIDE POINT SYNCOPATED*

1-2 Step L forward , 3/4 R turn to R to side (6.00)
3&4 Cross L over R , 1/4 back R ball turn to L , ball tap L recover (3.00)
5&6 Forward R , close L beside R , forward R
7&8& Side point L to side , L close beside R , side point R to side , touch R close beside L (3.00)

(Start from the top)

Have Fun & Enjoy it !

Dancing with Your Heart...♥

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