

Golden Bay

COPPER KNOB
BY STEPHEN

拍數: 32 牆數: 2 級數: Improver
編舞者: Ethyn Shaffer (USA) - September 2024
音樂: Flowers In The Water - Nathan Evans



No tags No restarts

Heel Switches, Forward Shuffle

12&34& Right heel (2x), recover, left heel (2x) recover
5&6& Right heel recover left heel recover
7&8 shuffle forward RLR

1/2 Turn Shuffle Spin Rock Recover Cross (1/4)

1,2 Step Left foot Forward 1/2 Turn
3&4 shuffle forward LRL
5,6 Full Spin
7&8 forward rock (R) recover (L) 1/4 turn cross Right

Side Rock, Behind Side Cross, Heel Grind (1/4) Back Rock

1,2 Side Rock Left, Recover Right
3&4 Left Behind, Right Side, Left Cross
5,6 Right Heel Grind (1/4 Turn) recover Left
78 Rock Back Right, Recover Left

Kick Ball Change, 1/2 turn hops (4x) , Cross, Unwind 1/2 turn

1&2 Right Kick Ball Step
3456 Hop4x (hop together Making 1/2 Turn)
7,8 Cross right over left , Unwind 1/2 Turn

Submitted by: Raquel Neighoff - Email: Shafferrg@icloud.com