

Dream Is Alive

拍數: 32 牆數: 2 級數: Improver
編舞者: Sophie Stevens (UK) - December 2024
音樂: Best Day of Our Lives (feat. dearALICE) - Made in Korea



#16 Count Intro

SEC 1 Dorothy Step, ¼ Dorothy Step, Rock, Back Shuffle

1-2& Step right forward to right diagonal, lock left behind right, step right forward
3-4& Turn ¼ left step left forward, lock right behind left, step left forward to left diagonal (9:00)
5-6 Rock right forward, recover weight on to left
7&8 Step right back, step left beside right, step right back

SEC 2 Coaster Step, ¼ Walk Around, ½ Jazzbox

1&2 Step left back, step right beside left, step left forward
3-4 Turn ⅛ left step right forward, turn ⅛ left step left forward (6:00)
5-6 Cross right over left, step left back
7-8 Step right to right, turn ⅛ right step left forward (7:30)

SEC 3 Walk x3, Hitch, Back x3, ⅛ Touch

1-2 Step right forward, step left forward
3-4 Step right forward, hitch left

Arms 1-4 Raise both arms forward

5-6 Step left back, step right back
7-8 Step left back, turn ⅛ left touch right beside left (6:00)

Arms 5-8 Lower both arms

Restart Here on Wall 9

SEC 4 ¼ Side Rock, ¼ Side Rock, ¼ Side Rock, ¼ Side Rock

1-2 Turn ¼ left rock right to right, recover weight on to left (3:00)
3-4 Turn ¼ left rock right to right, recover weight on to left (12:00)
5-6 Turn ¼ left rock right to right, recover weight on to left (9:00)
7-8 Turn ¼ left rock right to right, recover weight on to left (6:00)

Tag 1 At the end of Walls 2, 5 and 8

Step, Touch x4

1-2 Step right forward to right diagonal, touch left beside right
3-4 Step left forward to left diagonal, touch right beside left
5-6 Step right forward to right diagonal, touch left beside right
7-8 Step left forward to left diagonal, touch right beside left

Arms 1-8 Drum arms in front of body

Back, Touch, Back, Touch, ½ Walk Around

1-2 Step right back to right diagonal, touch left beside right
3-4 Step left back to left diagonal, touch right beside left

Arms 1-4 Drum arms in front of body

5-6 Turn ⅛ right step right forward, turn ⅛ right step left forward
7-8 Turn ⅛ right step right forward, turn ⅛ right step left forward

Tag 2 At the end of Wall 4

Step, Touch x4

1-2 Step right forward to right diagonal, touch left beside right

- 3-4 Step left forward to left diagonal, touch right beside left
 - 5-6 Step right forward to right diagonal, touch left beside right
 - 7-8 Step left forward to left diagonal, touch right beside left
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