

No Sad Song

COPPERKNOB
BY STEPHEN

拍數: 32 牆數: 4 級數: Beginner
編舞者: Laura Rittenhouse (AUS) - December 2024
音樂: No Sad Song - The Wolfe Brothers



Start after 16 counts (when guitar kicks in)
Note this choreography uses the faster, 170 BPM tempo

S1: VINE RIGHT AND LEFT ON FORWARD DIAGONALS

1,2,3,4 Step R to R fwd diagonal, Cross L behind R, Step R to R fwd diagonal, Hold
5,6,7,8 Step L to L fwd diagonal, Cross R behind L, Step L to L fwd diagonal, Hold

S2: FWD MAMBO, BACK MAMBO

1,2,3,4 Rock R fwd, Recover L, Step R beside L, Hold
5,6,7,8 Step L back, Recover R, Step L beside R, Hold

S3: ZIGZAG BACK

1,2,3,4 Step R back at R diagonal, Touch L beside R, Step L back at L diagonal, Touch R beside L
5,6,7,8 Step R back at R diagonal, Touch L beside R, Step L back at L diagonal, Touch R beside L

S4: HEEL DIG X 2, CROSSING TOE TAP X 2; SIDE STEP TURN ¼ L

1,2,3,4 Dig R heel to R diagonal, Dig R heel to R diagonal, Tap R toe to L of L foot, Tap R toe to L of L foot
5,6,7,8 Turn ¼ L by stepping R up to R diag (10:30), Touch L beside R, Step L to L (9:00), Touch R beside L

No tags or restarts

Last Update: 7 Mar 2025