Christmas Feeling

級數: Beginner

編舞者: Wendy Haggerty (USA) - December 2024

音樂: Christmas Feeling - The Merrymen

Start on 8 counts

TRIPLE FORWARD with HIPS

拍數: 32

1&2 Step RF fwd on R diagonal, Step LF beside RF, Step RF fwd on R diagonal

- 3&4 Step LF fwd on L diagonal, Step RF beside LF, Step LF fwd on L diagonal
- 5&6 Step RF fwd on R diagonal, Step LF beside RF, Step RF fwd on R diagonal
- 7&8 Step LF fwd on L diagonal, Step RF beside LF, Step LF fwd on L diagonal

styling: as moving R put R hand up in air and L hand on L hip, as moving L put L hand up in air and R hand on R hip

ROCKING CHAIR x2 with HIPS

- 1,2 Step RF fwd and push R hip fwd, recover weight to LF
- 3,4 Step RF back and push R hip back, recover weight to LF
- 5,6 Step RF fwd and push R hip fwd, recover weight to LF
- 7,8 Step RF back and push R hip back, recover weight to LF

CROSSING MAMBOs

1&2	Step RF across LF, recover to LF, Step RF to R side
3&4	Step LF across RF, recover to RF, Step LF to L side
5&6	Step RF across LF, recover to LF, Step RF to R side

7&8 Step LF across RF, recover to RF, Step LF to L side

PADDLE ½ TURN TO LEFT

- 1, 2 Step RF fwd, make 1/8 turn L and put weight to LF
- 3, 4 Step RF fwd, make 1/8 turn L and put weight to LF
- 5, 6 Step RF fwd, make 1/8 turn L and put weight to LF
- 7, 8 Step RF fwd, make 1/8 turn L and put weight to LF

styling: roll hips while paddling, put hands in air, shimmy shoulders, make it fun

Enjoy and spice it up!

Contact choreographer: Whaggerty2016@gmail.com/www.DanceWithWendy.com





牆婁

牆數:2