

Whiplash

拍數: 32 牆數: 4 級數: Intermediate
編舞者: Lilian Lo (HK) & Asbare Bare (INA) - December 2024
音樂: Whiplash - aespa



Intro: 16 counts (0:08 mins.)

S1 (1 – 8) Check, Replace, Sweep, Behind, Side, Cross, Side rock, Replace, Behind, Side, Cross

1-2 R check over L (1), Replace on L, R sweep back (2)
3&4 R cross behind (3), L step to side (&), Cross R over L (4)
5-6 L rock to side (5), Replace on R (6)
7&8 L behind R (7), R step to side (&), Cross L over R (8)

S2 (9 – 16) Dorothy step x 2, Cross, 1/4 R, Back, 1/2 R, Forward, 1/4 R, Side

1-2& R step to R diagonal forward (1), L cross behind R (2), R take small step to R diagonal forward (&)
3-4& L step to L diagonal forward (3), R cross behind L (4), L take small step to L diagonal forward (&)
5-6 R cross over L (5), Turn 1/4 R @3:00 stepping L back (6)
7 Turn 1/2 R @9:00 stepping R forward (7)
8 Turn 1/4 R @12:00 stepping L to side (8)

S3 (17 – 24) Pony step, Back, Chest pump x 2, Close, Heel dig x 2, Side, Hitch, Close

1&2 R step back, L hitch (1), Replace on L (&), R step back, L hitch (2)
3&4 L step back, pump chest in (3), Pump chest out (&), Pump chest in (4)
& R close next to L (4)
5& L heel tap forward (5), L close next to R (&)
6& R heel tap forward (6), R close next to L (&)
7-8& L step to side (7), R hitch (8), R close next to L (&)

S4 (25 – 32) Cross, Side, Behind, Side, Replace, Cross, 1/4 R, 1/2 R, Forward

1-2 L Cross over R (1), R step to side (2)
3&4 L step behind (3), R step to side (&), Replace on L (4)
5-6 R cross over L (5), Turn 1/4 R @3:00 stepping L back (6)
7-8 Turn 1/2 R @9:00 stepping R forward (7), L step forward (8)

Before both Tags, change the last move on Count 32 to L step to side.

Tag 1 happens after Wall 7 facing 3:00

1 – 7 Start anti-clock hip roll (1), Continue hip roll (2,3,4,5,6,7),
8 Complete hip roll, transfer weight to L (8)

Tag 2 happens after Wall 9 facing 9:00

1 – 3 Start body wave (1), Continue body wave (2,3)
4 Complete body roll, transfer weight to L (4)

Last Update: 11 Dec 2024