

Outshine Me

COPPER **KNOB**
BY STEPHEN

拍數: 32 牆數: 4 級數: Absolute Beginner
編舞者: Emma Olson (USA) - December 2024
音樂: Outshine Me - Colt Ford



No tags or restarts

(1-8) Walk, clap, walk, clap, R press, recover L

- 1 Walk forward with R foot
- 2 Clap
- 3 Walk forward with L foot
- 4 Clap
- 5,6 Press the ball of your R foot fwd (5), Recover weight to L leg (6)
- 7,8 Backwards pony starting w R foot up

(9- 16) Pony backwards w L foot up, pony backwards w R foot up, kick w/ L foot, point R toe down, kick with R foot point L toe down

- 1,2 Pony backwards with L foot up
- 3,4 Pony backwards with R foot up
- 5 Kick with L foot out
- 6 Point Right toe down
- 7 Kick with R foot out
- 8 Point L toe down

(17- 24) Box step starting w R foot, step out on R, bump R hip, step out on Left, bump L hip

- 1 Step forward with R foot
- 2 Step out with L foot
- 3 Step back with R foot
- 4 Step back with L foot
- 5 Step out with R foot
- 6 Hip bump with R hip
- 7 Step out with L foot
- 8 Hip bump with L hip

(25- 32) Grapevine to R side, box step while turning 1/4 to right for new wall

- 1,2,3,4 Grapevine to the R side
- 1 Step out w R foot
- 2 Take L foot and drag behind R foot
- 3 Take R foot to drag behind L foot
- 4 Take L foot to drag in front of R foot
- 5 Cross R foot over L foot to start box step while turning 1/4 wall to the R
- 6 Step back w L foot
- 7 Step out with R foot
- 8 Step together with L foot to R foot

(start again with new wall)
