

CNY 2025 : A Happy Occasion

Gladdens The Spirit (人逢喜事精神爽)

COPPER KNOB
STEPSHEETS

拍數: 74 牆數: 1 級數: Phrased Beginner
編舞者: Heru Tian (INA) - December 2024
音樂: Ren Feng Xi Shi Jing Shen Shuang (人逢喜事精神爽) - Angeline (阿妮) & Januariey (彦璇)



SOD : AABBCA TAG1 TAG2 AABBCA TAG2

PART A (16C)

Section A1 : Side, Together, Side, Together, Side, Together, Side (X2)

1&2&3&4 Step RF to R Side (1), Step LF next to RF (&), Step RF to R Side (2), Step LF next to RF (&),
Step RF to R Side (3), Step LF next to RF (&), Step RF to R Side (4)
5&6&7&8 Step LF to L Side (5), Step RF next to LF (&), Step LF to L Side (6), Step RF next to LF (&),
Step LF to L Side (7), Step RF next to LF (&), Step LF to L Side (8)

Section A2 : Charleston Step, Jazz Box

1234 Swing RF back to front, Touch RF fwd (1), Swing RF front to back, Step RF back (2), Swing
LF front to back, Touch LF behind (3), Swing LF back to front, Step LF fwd (4)
5678 Cross RF over LF (5), Step LF back (6), Step RF to R Side (7), Step LF beside RF (8)

PART B (16C)

Section B1 : Diagonally Touch, Hip Bumps, Behind Side Cross (X2)

1&2 Touch RF to R Diagonal, Push Hip to Right (1), Return Hip (&), Push Hip to Right (2)
3&4 Cross RF behind LF (3), Step LF to L Side (&), Cross RF over LF (4)
5&6 Touch LF to L Diagonal, Push Hip to Left (5), Return Hip (&), Push Hip to Left (6)
7&8 Cross LF behind RF (7), Step RF to R Side (&), Cross LF over RF (4)

Section B2 : Side Mambo (X2), Pivot 1/2L (X2)

1&2 Rock RF to R Side (1), Recover on LF (&), Close RF beside LF (2)
3&4 Rock LF to L Side (3), Recover on RF (&), Close LF beside RF (4)
5678 Step RF Fwd (5), Pivot 1/2L, Shifting weight to LF (6), Repeat 5&6 (7,8)

PART C (18C)

Section C1 : Side & Touch (X2), Rumba Box (X2)

1&2&& Step RF to R Side (1), Touch LF beside RF (&), Step LF to L Side (2), Touch RF beside LF
(&)
3&4 Step RF to R Side (3), Step LF Next to RF (&), Step RF backward (4)
5&6&& Step LF to L Side (5), Touch RF beside LF (&), Step RF to R Side (6), Touch LF beside RF
(&)
7&8 Step LF to L Side (7), Step RF Next to LF (&), Step LF fwd (8)

Section C2 : Point Switches, Point, Touch, Point, Jazz Box

1&2&& Point RF to R Side (1), Close RF beside LF (&), Point LF to L Side (2), Close LF beside RF
(&)
3&4 Point RF to R Side (3), Touch RF beside LF (&), Point RF to R Side (4)
5678 Cross RF over LF (5), Step LF back (6), Step RF to R Side (7), Step LF beside RF (8)

Section C3 (2C) : Sways

1 2 Step RF to R Side, Sway to Right (1), Sway to Left (2)

TAG1 (16C)

Section T1 : Side, Together, Side, Touch (X2)

- 1234 Step RF to R Side, Bent your both knees Hands drumming style (1), Step LF Next to RF (2),
Step RF to R Side, Bent your both knees Hands drumming style (3), Touch LF Next to RF (4)
- 5678 Step LF to L Side, Bent your both knees Hands drumming style (5), Step RF Next to LF (6),
Step LF to L Side, Bent your both knees Hands drumming style (7), Touch RF Next to R LF
(8)

Section T2 : Repeat Section T1

TAG2 (8C)

Tag2 : 1/4R Fwd Shuffle (X4)

- 1&2 1/4R, Step RF fwd (1), Step LF next to RF (&), Step RF fwd (2) (3.00)
- 3&4 1/4R, Step LF fwd (3), Step RF next to LF (&), Step LF fwd (4) (6.00)
- 5&6 1/4R, Step RF fwd (5), Step LF next to RF (&), Step RF fwd (6) (9.00)
- 7&8 1/4R, Step LF fwd (7), Step RF next to LF (&), Step LF fwd (8) (12.00)

Happy Dancing

Best Regards,

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