

My Heart Is Like the Moon (Aya Benzer)

COPPERKNOB
STEPSHEETS

拍數: 32 牆數: 4 級數: Improver
編舞者: Allana Shimshek (LUX) - December 2024
音樂: Aya Benzer (Original Edit) - Mustafa Sandal
或: Aya benzer - Mustafa Sandal : (Album: Detay)



(A) Aya Benzer (Original Edit) - Mustafa Sandal (03:50)
(B) Aya Benzer - Mustafa Sandal (Album: Detay /1998) (03:56)
(A): 2 Tags — No Restarts / (B): 1 Tag — No Restarts

Intro: 16 counts - Starting position: Feet together, weight on L
(A): Start with the 1st Tag, continue with the main sequence
(B): Start with the main sequence

[1-4] SIDE MAMBO R, ½ RUMBA BOX L FWD

1&2 Step R to right, Step L in place, Step R beside L
3&4& Step L to left, Step R beside L, Step L fwd, Touch R beside L

[5-8] STEP TOUCH DIAG. BACK R/L

1-2 Diagonal to right: Step R back, Touch L beside R
3-4 Diagonal to left: Step L back, Touch R beside L

[9-12] SHUFFLE ¼ TURN R, MAMBO FWD L

1&2 Turn ¼ to right + Step R fwd [03:00], Step L beside R, Step R fwd
3&4 Step L fwd, Step R in place, Step L beside R

[13-16] SIDE TOUCH R, DRAG STEP R ¼ TURN TO RIGHT, SIDE STEP L, DRAG TOUCH R

1-2 Touch R to right, drag R beside L while making a ¼ turn to right (= first 2 steps of a ¼ Monterey Turn R) [06:00]
3-4 Big Step L to left, Drag R beside L

[17-20] LINDY STEP R (SIDE SHUFFLE, CROSS BACK ROCK, RECOVER)

1&2 Step R to right, Step L beside R, Step R to right
3-4 Cross Rock Step L back behind R, Recover on L

[21-24] SCISSOR STEP L, 2x PADDLE ⅛ TURN TO LEFT

1&2 Step L to left, Step R beside L, Cross L over R
3-4 Touch R to right, press the ball of R to turn ⅛ to left [04:30], Repeat [03:00]
(with hip bumps to the right)

[25-28] CROSS, SIDE TOUCH R/L

1-2 Cross R over L, Touch L to left (with a hip bump to the left)
3-4 Cross L over R, Touch R to right (with a hip bump to the right)

[29-32] COASTER STEP R, SIDE STEP L, DRAG TOUCH R

1&2 Step R back, Step L beside R, Step R fwd
3-4 Big Step L to left, Drag R beside L

*** Repeat main sequence ***

*** Tag (16 counts) after the 9th sequence [03:00] ***

[1-8] SIDE MAMBO, SIDE STEP, TOGETHER R/L

1&2 Step R to right, Step L in place, Step R beside L
3-4 Big Step L to left, Step R beside L
5&6 Step L to left, Step R in place, Step L beside R
7-8 Big Step R to right, Step L beside R
(why not with Shimmies :)

[9-12] MAMBO FWD R, COASTER STEP L

1&2 Step R fwd, Step L in place, Step R beside L
3&4 Step L back, Step R beside L, Step L fwd

[13-16] JAZZ BOX

1-4 Cross R over L, Step L back, Step R to right, Step L beside R
(why not with Shimmies :)

Enjoy! ☺

Last Update - 10 Dec. 2024 - R1
