

An EZ High

COPPER KNOB
BY STEPHENETS

拍數: 32 牆數: 4 級數: Beginner
編舞者: Larry Brancheau (USA) - December 2024
音樂: When I Get Low, I Get High - The Speakeasy Three



Charleston

1-4 Swing & touch R forward, swing & step R back
5-8 Swing & touch L back, swing & step L forward

Side Together Side 2x

1-4 Angling body to right step R side, step L together, Step R side
5-8 Angling body to left step L side, step R together, step L side

Styling: Pump arms up with the rhythm as you move right & left

Back Steps With feet separated, move back with a stoop (getting low)

1-4 Step R back, step L back
5-8 Step R back, step L back

Forward Steps, ¼ turn Raise and sway arms or wave hands (getting high)

1-4 Step R forward, step L forward
5-8 ¼ turn R, step R, step L side

Repeat

Note: The tempo of the song slows dramatically at wall 16 (9:00). I pasted two stanzas from earlier over the slow verses.

This allows me to dance back to 12:00 at the set rhythm . Another choice is to fade out before the slow down. If possible, I will share my version of the song upon request.

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