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拍數: 32

牆數:4 編舞者: Vee Trias (INA) - December 2024

音樂: blue - yung kai

NO TAGS NO RESTARTS

S1. BASIC NC, FORWARD MAMBO WITH HITCH, COASTER STEP

- Step R to side Cross L behind R Recover on R 1-2&
- 3-4& Step L to side - Cross R behind L - Recover on L
- 5&6& Rock R forward - Recover on L - Step R back - Hitch L knee up
- 7&8 Step L back - Step R together - Step L forward

S2. WEAVE WITH SWEEP, BEHIND, SIDE, CROSS, SWAYS

- 1-2& Cross R over L - Step L to side - Cross R behind L and sweep L back
- 3-4& Cross L behind R - Step R to side - Cross L over R
- 5-8 Step R to side while swaying hips to R - Sway to L - Sway to R - Sway to L

S3. CROSS ROCK, DIAMOND SHAPE TURN 1/4 RIGHT

- Cross rock R over L Recover on L Step R to side 1-2&
- 3-4& Cross rock L over R - Recover on R - Step L to side
- 5-6& Cross R over L - Turn 1/2 right step L back - Step R back
- 7-8& Cross L behind R - Turn 1/8 right step R to side - Cross L over R

S4. SIDE ROCK, TOGETHER, ROCK FORWARD, BACK, BACK, TURN ½ RIGHT STEP FORWARD, FORWARD

級數: Improver

- 1-2& Rock R to side - Recover on L - Step R together
- 3-4& Rock L to side - Recover on R - Step L to side
- 5-6& Rock R forward - Recover on L - Step R back
- 7-8& Step L back - Turn 1/2 Right step R forward - Step L forward

Have fun and happy dancing!

