

Bump

COPPER KNOB
BY STEPHEN

拍數: 64 牆數: 2 級數: Phrased Easy Intermediate
編舞者: Antonio Manigas (IT) - December 2024
音樂: Bump - Cash Campbell



Sequence – A-A (16 c.)-Restart B-B-A-A (16 c.)-Restart B-B-B-A-B-B-B*

*Attention*Last Part B*- Final Steps Sequence “ 7 – 8 ”Step Left Forward, Turn ½ (00:00) And Stomp R.

PART A: 32c

S1A) LOCK STEP R.,& LOCK STEP R.,ROCK RECOVER L.,COASTER STEP

1 – 2 Step Right Forward , Lock Step Left Behind Right
& 3 - &4 Step Right Forward , Lock Step Left Behind Right,Step Right Forward , Lock Step Left Behind Right
5 – 6 Step Left Forward , Return To Right
7 & 8 Step Left Backward , Step Right Beside Left , Step Left Forward

S2A) ROCK RECOVER , CROSS&CROSS,ROCK RECOVER,CROSS&CROSS

1 – 2 Step Right To Right Side , Return To Left
3 & 4 Step Right Cross Behind Left ,Step Left To Left Side , Step Right Cross Over Left
5 – 6 Step Left To Left Side , Return To Right
7 & 8 Step Left Cross Behind Step Right , Step Right To Right Side , Step Left Cross Over Right

S3A) PIVOT , SHUFFLE R.,FULL TURN,SHUFFLE L.

1 – 2 Step Right Forward , Turn ½ To Left (06:00)
3 & 4 Step Right Forward , Step Left Beside Right , Step Right Forward
5 – 6 Turn ½ (00:00) And Step Left Backward , Turn ½ (00:00) And Step Right Forward
7 & 8 Step Left Forward , Step Right Beside Left , Step Left Forward

S4A) RUMBA BOX R., SHUFFLE R. BACK,RUMBA BOX L.,SHUFFLE L. FWR

1 – 2 Step Right To Right Side , Step Left Beside Right And Taking Weight
3 & 4 Step Right Back , Step Left Beside Right , Step Right Back
5 – 6 Step Left To Left Side , Step Right Beside Left And Taking Weight
7 & 8 Step Left Forward , Step Right Beside Left , Step Left Forward

PART B: 32c

S1B) STOMP R.,HOLD,COASTER STEP,KICK L. TWICE,COASTER STEP

1 – 2 Step Right Forward And Stomp , Hold
3 & 4 Step Right Back , Step Left Beside Right , Step Right Forward
5 – 6 Step Left Forward And Kick (Twice)
7 & 8 Step Left Back , Step Right Beside Left , Step Left Forward

S2B) TOUCH,TURN 1/8, TOUCH TURN 1/8 ,ROCK RECOVER,TURN ½ SHUFFLE R.

1 – 2 Step Right Forward And Touch Right Toe , Turn 1/8 Left
3 – 4 Touch Right Toe Forward , Turn 1/8 Left (03:00)
5 – 6 Step Right Forward , Return To Left
7 & 8 Turn ½ To Right (09:00) And Step Right Forward , Step Left Beside Right , Step Right Forward

S3B) TURN ¼ STOMP L.,HOLD,DIAGONALLY LOCK STEP R. & L.,CROSS R.

1 – 2 Turn ¼ To Right And Stomp Left , Hold
3 & 4 Diagonally Step Right Forward , Lock Step Left Behind Right , Step Right Forward
5 & 6 Diagonally Step Left Forward , Lock Step Right Behind Left , Step Left Forward
7 – 8 Step Right Forward And Cross Over Left , Step Left Side Back

S4B) SHUFFLE R. BACK, COASTER STEP, SHUFFLE R., STEP L., SCUFF R.

- 1 & 2 Step Right Back , Step Left Beside Right , Step Right Back
 - 3 & 4 Step Left Back , Step Right Beside Left , Step Left Forward
 - 5 & 6 Step Right Forward , Step Left Beside Right , Step Right Forward
 - 7 – 8 Step Left Forward , Scuff Right Beside Left
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