

Rolling Blues

拍數: 16 牆數: 4 級數: Low Intermediate
編舞者: Misuk La (KOR) & Ivonne Verhagen (NL) - December 2024
音樂: Still Got the Blues (The Voice of Holland Season 8) - Demi van Wijngaarden



Intro: 16 Counts, Start at approx 18 secs

SEC 1 Step Sweep, ¼ 3 Count Jazzbox, Cross Hitch, Cross, Side Rock, ⅛ Step, Back x3, ⅛ Side, ¼ Touch

- 1 Step left forward sweeping right from back to front
- 2&a Cross right over left, turn ¼ right step left back, step right to right (3:00)
- 3 Cross left over right hitching right knee
- 4&a Cross right over left, rock left to left, recover weight onto right
- 5 Turn ⅛ right step left forward (4:30)

Arms Raise both arms forward and up

- 6&a Step right back, step left back, step right back
- 7-8 Turn ⅛ left step left to left, turn ¼ left touch right beside left bending both knees (12:00)

SEC 2 ½ Step Sweep, Weave, Side Drag, ¾ Rolling Turn, Back (optional 1 ¾ turn), Back Sweep, Behind, Side Rock Step, ⅛ Hook, Step, ⅛ Step, ¼ Step

- 1 Turn ½ right step right forward sweeping left from back to front (6:00)
- 2&a Cross left over right, step right to right, step left behind right
- 3 Step right to right dragging left towards right
- 4&a Turn ¼ left step left forward, turn ½ left step right back, step left back (9:00)
- 5 Step right back sweeping left from front to back

(Optional 1 ¾ turn left)

- 6&a Step left behind right, rock right to right, recover weight onto left
 - 7 Turn ⅛ right hook right over left (10:30)
 - 8&a Step right forward, turn ⅛ right step left forward, turn ¼ right step right forward (3:00)
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