

Rolling Blues

拍數: 16 牆數: 4 級數: Low Intermediate
編舞者: Misuk La (KOR) & Ivonne Verhagen (NL) - December 2024
音樂: Still Got the Blues (The Voice of Holland Season 8) - Demi van Wijngaarden



Intro: 16 Counts, Start at approx 18 secs

SEC 1 Step Sweep, $\frac{1}{4}$ 3 Count Jazzbox, Cross Hitch, Cross, Side Rock, $\frac{1}{8}$ Step, Back x3, $\frac{1}{8}$ Side, $\frac{1}{4}$ Touch

- 1 Step left forward sweeping right from back to front
- 2&a Cross right over left, turn $\frac{1}{4}$ right step left back, step right to right (3:00)
- 3 Cross left over right hitching right knee
- 4&a Cross right over left, rock left to left, recover weight onto right
- 5 Turn $\frac{1}{8}$ right step left forward (4:30)

Arms Raise both arms forward and up

- 6&a Step right back, step left back, step right back
- 7-8 Turn $\frac{1}{8}$ left step left to left, turn $\frac{1}{4}$ left touch right beside left bending both knees (12:00)

SEC 2 $\frac{1}{2}$ Step Sweep, Weave, Side Drag, $\frac{3}{4}$ Rolling Turn, Back (optional 1 $\frac{3}{4}$ turn), Back Sweep, Behind, Side Rock Step, $\frac{1}{8}$ Hook, Step, $\frac{1}{8}$ Step, $\frac{1}{4}$ Step

- 1 Turn $\frac{1}{2}$ right step right forward sweeping left from back to front (6:00)
- 2&a Cross left over right, step right to right, step left behind right
- 3 Step right to right dragging left towards right
- 4&a Turn $\frac{1}{4}$ left step left forward, turn $\frac{1}{2}$ left step right back, step left back (9:00)
- 5 Step right back sweeping left from front to back

(Optional 1 $\frac{3}{4}$ turn left)

- 6&a Step left behind right, rock right to right, recover weight onto left
 - 7 Turn $\frac{1}{8}$ right hook right over left (10:30)
 - 8&a Step right forward, turn $\frac{1}{8}$ right step left forward, turn $\frac{1}{4}$ right step right forward (3:00)
-