West River Party



拍數: 32 編數: Beginner - Fun Dance

編舞者: Adam Åstmar (SWE) & Malene Jakobsen (DK) - September 2024

音樂: Don't Stop the Party (feat. TJR) - Pitbull : (iTunes)



Intro: 40 counts from start of track, approx. 18 seconds.

Info: Restarts occur on wall 4 facing 6'00 and wall 8 facing 12'00. Tag occur after wall 10 facing 12'00.

Special note:

This dance can be danced contra to spice it up a bit extra! Important to note is that in section 3, when touching and clapping on count 4, you should be in line with the opposite side. That means that you instead of your own hands, clap the hands of the dancers you're passing.

Start the contra facing another dancer on the opposite side. This dancer is now your partner. When you're passing each other, you will always have your partner to the left of you. On count 4, you clap your L hand with your partner and your R hand with the passing dancer to the right of you. For count 8 you clap as normal. Good luck!:)

Sect – 1: Vine R. Touch L. Lean Fwd & Shimmy Shoulders. Lean back & Shimmy Shoulders.

- 1 2 Step to R on RF (1). Step LF behind RF (2).
- 3 4 Step to R on RF (3). Touch LF next to RF (4).
- 5 & 6 Lean forward and shimmy shake your shoulders (5 & 6).
- 7 & 8 Lean back slightly and shimmy shake your shoulders (weight still on RF) (7 & 8).

Sect – 2: Vine L. Touch R. Lean Fwd & Shimmy Shoulders. Lean back & Shimmy Shoulders.

- 1 2 Step to L on LF (1). Step RF behind LF (2).
- 3 4 Step to L on LF (3). Touch RF next to LF (4).
- 5 & 6 Lean forward and shimmy shake your shoulders (5 & 6).
- 7 & 8 Lean back slightly and shimmy shake your shoulders (weight still on LF) (7 & 8).

Note! Restarts occur here on wall 4 facing 6'00 and wall 8 facing 12'00

Sect – 3: R Diagonal Fwd Step, Together, Step. Touch Clap. L Diagonal Fwd Step, Together, Step. Touch Clap.

- 1 2 Step to R diagonal on RF (1). Close LF next to RF (2).
- 3 4 Step to R diagonal on RF (3). Touch LF next to RF and clap hands (4).
- 5 6 Step to L diagonal on LF (5). Close RF next to LF (6).
- 7 8 Step to L diagonal on LF (7). Touch RF next to LF and clap hands (8).

Sect – 4: Rocking Chair. x2 Step 1/4 Turn Rolling Hips

- 1 2 Rock forward on RF (1). Recover on LF (2).
- 3 4 Rock back on RF (3). Recover on LF (4).
- 5 6 Step forward on RF (5). Turn ¼ L placing weight on LF and roll hips from left to right counter clockwise (6). [9:00]
- 7 8 Step forward on RF (7). Turn ¼ L placing weight on LF and roll hips from left to right counter clockwise (8). [6:00]

Tag: Side, Touch. Side, Touch. V-Step.

- 1 2 Step to R on RF (1). Touch LF next to RF (2).
- 3 4 Step to L on LF (3). Touch RF next to LF (4).
- 5 6 Step to R diagonal on RF (5). Step to L diagonal on LF (6).
- 7 8 Step back on RF (7). Close LF next to RF (8).

Have fun!

