

Past Tense

拍數: 32 牆數: 2 級數: High Intermediate
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音樂: Past Tense - Anson Seabra



Phrasing: 32,Tag,32,16,Tag,28,16,28

[1-8] BACK, SWEEP, CROSS-SIDE-TURN, BACK-TURN-TURN, ROCK, HOOK, TWINKLE, $\frac{3}{8}$ R TWINKLE

- 1-2 Step LF back opening left (1), Step RF forward sweeping LF over RF (2)
- 3&a Cross step LF over RF (3), Step RF right (&), Make $\frac{1}{4}$ turn left stepping LF next to RF (a)
- 4&a Step RF back (4), Make $\frac{1}{4}$ turn left stepping LF left (&), Close RF next to LF (a)
- 5-6 Make $\frac{1}{4}$ turn left rocking LF forward (5), Recover weight to RF hook LF in front of RF (6)
[3:00]
- 7&a Cross step LF over RF (7), Rock RF to right (&), Recover weight on LF (a)
- 8&a Cross RF over LF (8), Make $\frac{1}{4}$ left stepping LF back (&), Make $\frac{1}{8}$ left stepping RF to right (a)
[7:30]

[9-16] DRAG, DRAG, ROCK-RECOVER-CLOSE-SIDE, BALL-CROSS, BALL-CROSS, SIDE ROCK RECOVER-SIDE ROCK-RECOVER

- 1-2 Step LF forward drag RF towards LF (1), Step RF forward drag LF towards RF (2)
- 3&a Rock LF forward (3), Recover weight on RF (&), Step LF next to RF (a)
- 4a Make $\frac{1}{8}$ left stepping RF long to side (4), Step LF next to RF (&) [6:00]
- 5a Cross step RF over LF (5), Step LF to side (a)
- 6a7 Cross step RF behind LF (6), Step LF to side (a), Cross rock RF over LF (7)
- 8&a Recover weight on LF (8), Rock RF to right (&), Recover weight on LF (a)

(When doing the tag here, change the 8&a counts to:

Recover weight to LF (8), Step RF slightly back (a) Then add the tag)

[17-24] SWEEP, BEHIND-TURN-TURN-HITCH, BEHIND-STEP-TURN, STEP-BALL-TURN-BALL-TURN, ROCK, BACK-BACK-BACK

- 1 Step RF behind LF sweeping left (1)
- 2&a Step LF behind RF (2), Make $\frac{1}{4}$ turn right stepping RF forward (&), Make $\frac{1}{4}$ turn right stepping LF to left (a) [12:00]
- 3 Step RF behind LF (hitching L knee up) (3)
- 4&a Step LF behind RF (4), Step RF to right (&), Make $\frac{1}{8}$ turn right stepping LF forward (a) [1:30]
- 5a Make $\frac{1}{4}$ turn left stepping RF side right (5), Make $\frac{1}{4}$ turn left stepping LF back (a) [7:30]
- 6a Make $\frac{1}{4}$ turn left stepping RF back (6), Make $\frac{1}{4}$ turn left stepping LF forward (a)
- 7 Rock RF forward (7) [1:30]
- 8&a Step LF slightly back (8), Step RF next to LF (&), Step LF slightly back (a)

[25-32] BACK X 3, TURN, STEP LEFT, STEP RIGHT, STEP FORWARD, ROCK-RECOVER-BACK

- 1-3 Step RF back (1), Step LF back (2), Step RF back (3)
- 4 On balls of feet-make $\frac{3}{8}$ turn to the right (4). (Weight the RF) [6:00]

(Restart happens here)

- 5-7 Step and sway LF left (5), Step and sway RF right (6), Step and sway LF left (7)
- 8&a Rock RF forward (8), Recover weight to LF (&), Step RF back (a) [6:00]

TAG:

- 1-4 Step & sway LF left (1), Step & sway RF right (2), Rock back on LF (3), Recover weight to RF (4)
- 5-7 Step LF forward (5), Pivot $\frac{1}{2}$ turn right on balls of feet (6), Make $\frac{1}{4}$ turn right stepping LF long to the left (7)

8&a

Step RF behind LF (8), Rock LF to left (&), Make $\frac{1}{4}$ turn left shifting weight onto RF (a)
