

Ob-la-di

COPPER KNOB
STEPSHEETS

拍數: 32 牆數: 4 級數: Beginner
編舞者: Alice Price (UK) - December 2024
音樂: Ob-La-Di ,Ob-La-Da - Mr Cowboy



****2 restarts**

#32 count intro

Section 1: Heels x4 moving forward

- 1,2,3,4 RF heel forward crossing over LF, recover RF next to LF, LF heel forward crossing over RF, recover LF next to RF
- 1,2,3,4 RF heel forward crossing over LF, recover RF next to LF, LF heel forward crossing over RF, recover LF next to RF

Section 2: Touch, kick shuffle backwards x2

- 1,2,3,&,4 RF touch toe forward, kick RF forward, step back on RF, step LF next to RF, step back onto RF
- 1,2,3,&,4 LF touch toe forward, kick LF forward' step back onto LF, step RF next to LF, step back onto LF

Section 3: kicks (or step touches), 4 x swivels

- 1,2,3,4 kick RF across front of LF, step RF next to LF, kick LF across front of RF, step LF next to RF
- 1,2,3,4 swivel R feet together, swivel L feet together, swivel R feet together, swivel L feet together

Section 4: step touches, 1/4 turn paddles to Left

- 1,2,3,4 step R with RF, touch LF next to RF, step L with LF, touch RF next to LF
- 1,2,3,4 with your weight on the LF touch RF out slightly to the R, and push the RF to the ground turning 1/8 L. Repeat

****2 restarts on wall 4 and wall 9 after 16 counts**
