

The Trail Riders

COPPER KNOB
STEPPERS

拍數: 32 牆數: 4 級數: Improver
編舞者: Zan Tan (SG) - November 2024
音樂: The TrailRiders Shuffle (feat. Rico) - Big Mucci



Intro: 32cts

Sec 1 Modified K- Steps

&1 2 Step R fwd diagonally R (&), touch L beside R (1), hold (2) 12:00
&3&4 Step L back to centre (&), touch R beside L (3), step R diagonally R (&), touch L beside R (4)
&5 6 Step L back to centre (&), touch R beside L (5), hold (6)
&7&8 Step R backward diagonally R (&), touch L beside R (7), step L back to centre (&), touch R beside L (8)

Sec 2 V-Steps, Hip Rolls

1 2 3 4 Step R Out (1), step L out (2), step R back to centre (3), step L beside R (4)
5 6 7 8 Step R to side and roll hips to R (5), touch L (6), roll hips to L (7), touch R (8)

Sec 3 Grapevine to R, Rolling Vine to 1¼ L

1 2 3 4 Step R to side (1), step L behind R (2), step R to side (3), touch L beside R (4)
5 6 7 8 ¼ L stepping L fwd (5), ½ L stepping R backwards (6), ½ L stepping L fwd (7), brush R fwd (8)

***Easy option: *Grapevine to L with ¼ turn L ending with scuff R**

Sec 4 ½ L, ½ R, Camel Walk Backwards

1 2 3 4 Step R fwd (1), ½ L recover onto L (2), step R fwd, prep for R turn (3), ½ R stepping L backwards (4)
5 6 7 8 Step R back and pop L knee (5), step L back and pop R knee (6), step R back and pop L knee (7), step L back and pop R knee (8) 9:00

Happy danzin!

Stop worrying about what can go wrong, and get excited about what can go right!
