

If Rain

拍數: 32 牆數: 2 級數: Intermediate NC
編舞者: Zan Tan (SG) - November 2024
音樂: If Rain - Saji (薩吉) : (Album: Go Ahead OST)
或: Rain (雨) - Yicheng Shen (沈以誠) : (Album: Go Ahead OST)



Intro "If Rain": 16cts.

Intro "Rain": 18cts

S1 R forward and ½ L, Weave to R Sweep R, Cross R, Side L, Touch R "bend knees", Side R, L Back Rock, Recover, Side L

1-2&3 Step R fwd and make ½ L sweeping L back (1), step L behind, step R to side, cross L over R sweeping R fwd (2&3),
4&5 Cross R over L (4), step L to side (&), touch R next to L and bend both knees (5),
6-7 Long sidestep to R (6), rock L back (7),
8& Recover R (8), step L to side (&),

S2 Touch R behind, unwind ¾ R, L Nightclub basic, ¼ R, ½ R, L Shuffle, Pivot ½ turn L

1-2-3 Touch R behind L (1), unwind ¾ R weight on R (2), Long sidestep to L (3),
4&5 Step R slight behind L (4), cross L over R (&), ¼ turn R stepping R fwd and continue another ½ R, keep L in figure 4 position (5),
6&7 Step L fwd, step R behind L, step L fwd (6&7),
8& step R fwd and pivot ½ L, weight on L (8&)

S3 ½ L, Weave to R, Chase ½ Turn L, Reverse 1+3/8 R Hitch L, Side L

1-2&3 make another ½ L stepping R back sweeping L back (1), step L behind, step R to side, cross L over R (2&3) (1:30)
4&5 Step R fwd (4), pivot ½ L (&), step R fwd (5) (7:30),
6&7 ½ R stepping L back (6), ½ R stepping R fwd (&), continue 3/8 R on R hitch L (7) (12:00)
8 Step L to side and draw R towards L (8) *Wall 5 restart

S4 Pivot ½ L, R Rocking Chair, R forward into ¼ R, Weave to R and Hitch R, Weave ¼ L

1-2 Step R fwd (1), pivot ½ L and recover on L (2),
3&4& R rocking chair (3&4&), *Wall 4 restart
5 Step R fwd and sweep L into a ¼ R (5),
6&7 L cross over R (6), step R to side (&), step L behind and hitch R (7),
8& R behind (8), ¼ L fwd (&)

Tag:

If dance to "If Rain" - After wall 2, add 2cts, Rock R fwd and recover L (1-2)

If dance to "Rain" - After wall 2, add 4cts, R rocking chair (1-4)

Restart - After 28cts of wall 4

Restart - After 24cts of wall 5

Ending - After 8&cts of wall 7, touch R behind L and take a bow or a curtsey.

Happy Danzin!

Stop worrying about what can go wrong, and get excited about what can go right!