

Wulalala..., SA (飒)

COPPERKNOB
STEPSHEETS

拍數: 64 牆數: 4 級數: Phrased Intermediate
編舞者: Penny Tan (MY) - December 2024
音樂: Sa (飒) - Liu Min Tao (劉敏濤)



Dance start after 4C from heavy beat (please ignore the long intro of instruments music)

Tag x2 / No Restart

Part A (16C) Part B (32C) Part C (16C) Tag 1 (4C) Tag 2 (32C)

SOD:A (x4) B (x4) Tag1 C Tag2 A(x4) B (x7)

*Tag 1 (4C)

Step with Sways

1-4 Step R to R side with sway RLRL

**Tag 2 (32C)

Sec1:Side , Together, Side , Touch (RL)

1-4 Step RF to R ,step LF next to RF , step RF to R , touch LF next to RF with hips bump

5-8 Step LF to L , touch RF beside LF, step LF to L ,touch RF next to L F with hips bump

Sec2:Pivot ¼ Turn L (x2) , Side , Touch (RL)

1-2 Step RF fwd , ¼ turn L , step LF on L with hip roll (9:00)

3-4 Step RF fwd , ¼ turn L , step LF on L with hip roll (6:00)

5-6 Step RF to R with hip roll from L to R , touch LF on L with hip bump

7-8 Step LF on L with hip roll from R to L , touch RF on R with hip bump

Sec3:Repeat Sec1 (you will facing back to 12:00)

Sec4:Repeat Sec2

Part A (16C)

SEC1:BOTAFOGO (RL) , WALK BACK , TOGETHER

1&2 Cross RF over LF , rock LF to L , recover on RF

3&4 Cross LF over RF , rock RF to R , recover on LF

5-8 Walk back RLR , step LF next to RF

SEC2: ¼ TURN R DIAMOND , HITCH , SAMBA WHISK (RL)

1&2& Cross RF over LF , 1/8 turn R , stepping LF back , step RF back , hitch L knee fwd

3&4 Step LF back , 1/8 turn R , step RF to side ,step LF fwd (3:00)

5-6& Step RF to R , rock LF behind RF , recover on R

7-8& Step LF to L , rock RF behind LF , recover on L

Part B (32C)

SEC1:POINT, TOUCH , CROSS, FLICK (RL) , CROSS, SIDE

1-2 Point R toes out to R side , touch RF next to LF

3-4 Cross RF over LF , flick LF out

5-6 Cross LF over RF , flick RF out

7-8 Cross RF over LF , step LF to L

SEC2: SAILOR STEPS (RL),CROSS, SIDE, BEHIND, ¼ TURN L FWD

1&2 Cross RF behind LF,step LF to L ,step RF on R

3&4 Cross LF behind RF,step RF to R ,step LF on L (weight on L)

5-6 Cross RF over LF , step LF to L

7-8 Step RF behind LF , ¼ turn L , step LF fwd (9:00)

SEC3:FWD , BEHIND TOUCH , BACK, HOOK , BOTAFOGO (RL)

1-2 Step RF fwd , touch LF behind RF

3-4 Step LF back , hook RF over LF

5&6 Cross RF over LF , rock LF to L , recover on RF

7&8 Cross LF over RF , rock RF to R , recover on LF

SEC4:PIVOT ½ TURN L , FLICK , WALK FWD , FWD ROCK , RECOVER, BACK , TOGETHER

1-2 Step RF fwd , ½ turn L , step LF fwd with flick RF back (3:00)

3-4 Walk fwd R , walk fwd L

5-6 Step RF fwd with body roll , recover on L

7-8 Step RF back , step LF next to RF

Part C (16C)

SEC1:CROSS, SIDE, BEHIND , FLICK , BEHIND ,SIDE , CROSS , POINT

1-2 Cross RF over LF , step LF to L 3-4 Step RF behind LF, flick LF behind RF

5-6 Step LF behind RF , step RF to R

7-8 Cross LF over RF , point R toes out to R side

SEC2:DRAG , IN PLACE STEPS

1-4 Slowly dragging R toes towards LF

5&6 Step RF next to LF , in place stepping L-R

7&8 In place stepping L-R-L

(Optional for count 5&6 7&8 to 5&6&7&8& In place stepping RLRLRLRL)

Have fun and happy dancing!

Last Update: 3 Dec 2024
