Be My Girlfriend



拍數: 32 牆數: 4 級數: Intermediate

編舞者: Myra Harrold (SCO) - November 2024

音樂: Girlfriend - Charlie Puth



INTRO: 8 COUNTS

SECT:1. HIP BUMPS & STEP ,KICK BALL POINT,MONTERAY 1/2,

R TOE FWD WITH R HIP BUMP FWD & BACK ,STEP ON RF,L TOE FWD WITH L HIP 1&2.3&4.

BUMP FWD, & BACK, STEP ON LF (12)

RF KICK FWD, STEP ON RF, POINT L TOE TO L, CLOSE LF TO RF, POINT R TOE TO 5&6&7,8.

R,PIVOT ½ R,TOUCH R TOE TO LF (6)

SECT:2. ROCK & CROSS X 2, VOLTA FULL TURN RIGHT

1&2,3&4. ROCK RF TO R.RECOVER TO LF,CROSS RF OVER LF,ROCK LF TO L,RECOVER TO

RF, CROSS LF OVER RF. (6)

5&6&7&8. RF STEP 1/4 R,CLOSE LF TO RF (REPEAT THESE STEPS 3 TIMES MORE TO

COMPLETE A FULL CIRCLE) (6)

SECT:3. SKATE L,SKATE R,CHASSE 1/4 L,FWD,PIVOT 1/2,COASTER STEP

SWIVEL LF DIAG. L,SWIVEL RF DIAG.R,LF TO L,CLOSE RF TO LF,PIVOT 1/4 L,LF FWD. 1,2,3&4.

(3)

RF FWD,PIVOT ½ L KEEPING WEIGHT ON RF,LF BACK,CLOSE RF TO LF,LF FWD. (9) 5,6,7&8.

SECT:4. SHUFFLE ½,TOE BACK,1/2 TURN,ROCKING CHAIR,PIVOT ½,WEIGHT TO LF

PIVOT ¼ L,RF TO R,CLOSE LF TO RF,PIVOT ¼ L,RF BACK,L TOE POINT BACK,PIVOT 1&2,3,4.

½ L,WEIGHT TO LF (9)

ROCK RF FWD.RECOVER TO LF.ROCK RF BACK.RECOVER TO LF.RF FWD.PIVOT ½ 5&6&7.8.

L,WEIGHT TO LF. (3)

TAG 1 AFTER WALL 1 - 16 COUNTS -

[1 – 8]. RF TO R,HOLD,PIVOT ½ R,LF TO L,HOLD,PIVOT ½ L,LF TO L,HOLD,PIVOT ½ L,RF TO R,HOLD. (9)

1&2,3,4,5,6 RF KICK.BALL.POINT L TOE FWD.DROP DOWN SLIGHTLY PUTTING WEIGHT BACK ON

R HIP (SIT) HOLD FOR FURTHER 3 COUNTS

&7,8. STRAIGHTEN UP & CLOSE LF TO RF,RF FWD,PIVOT ½ TURN L,CHANGE WEIGHT TO

LF.(3)

TAG 2 AFTER WALL 3 - 16 COUNTS - THE SAME AS TAG 1

TAG 3 AFTER WALL 5 - 22 COUNTS - THE FIRST 16 COUNTS ARE EXACTLY THE SAME AS TAG 1 & 2, THEN YOU ADD C BUMPS FOR 6 MORE COUNTS (C BUMP – R TOE FWD,BUMP R HIP UP,BACK,DOWN,BACK)