

Merry Holidays

拍數: 88 牆數: 2 級數: Low Intermediate
編舞者: Sharon Knapik (USA) & Maria Manse (SWE) - November 2024
音樂: Merry Christmas, Happy Holidays - *NSYNC



[1 - 8] Run Run Run, Back Mambo, Run Run Run, Forward Mambo

1&2 Run back R L R [1&2]
3&4 Rock L back [3] Recover on R [&] Step L slightly fwd [4]
5&6 Run fwd R L R [5&6]
7&8 Rock L fwd [7] Recover on R [&] Step L slightly back [8]

[9 - 16] Mambo Right, Mambo Left, Shuffle Right, Rock Recover Side

1&2 Rock R out to right side [1] Recover on L [&] Close R next to L [2]
3&4 Rock L out to left side [3] Recover on R [&] Close L next to R [4]
5&6 Step R to R side [5] Close L next to R [&] Step R to R side [6]
7&8 Rock L behind R [7] Recover on R [&] Step L to left side [8]

[17 - 24] Rock Recover Forward, Pivot ½ Left, Shuffle ½ Left, Coaster Step

1&2,3, Rock R behind L [1] Recover on L [&] Step R fwd [2] Pivot ½ left stepping fwd on L [3]
4&5 Make ½ shuffle turn left stepping R [4] L [&] R [5] R
6&7, 8 Step L back [8] Close R next to L [&] Step L fwd [7] Step R fwd [8]

[25 - 32] Pivot ¼ Left, Samba, Samba, Cross Side, Behind

1, 2&3 Pivot ¼ left stepping L to left side [1] Cross R over L [2] rock L to left [&] recover weight on R [3]
4&5 Cross L over R [4] rock R to right [&] recover weight on L [5]
6,7,8 Cross R over L [6] Step L to left side [7] Cross R behind L [8]

[33 - 39] Forward, Right Rocking Chair, Pivot ½ Right, Right Rocking Chair

1,2,3, Step L fwd (1) Rock R fwd [2] Recover on L [3]
4,5,6,7 Rock R back [4] Recover on L [5] Step R fwd [6] Pivot ½ left step fwd on L [7]

[40 - 49] Right Rocking Chair, Shuffle Fwd, Step Kick, Shuffle Back

8,1,2,3, Rock R fwd [8] Recover on L [1] Rock back on R [2] Recover on L [3]
4&5 Step R fwd [5] Close L next to R (&) Step R fwd [6]
6,7,8&1 Step L fwd [6] Kick R fwd [7] Step R back [8] Close L next to R [&] Step R back [1]

[50 - 57] Coaster Step, Pivot 1/4 Left, Cross Point X2

2&3 Step L back [2] Step R next to L [&] Step L fwd [3]
4,5 Step R fwd [4] Pivot ¼ left step L to left side [5]
6,7 Cross R over L [6] Point L toe out to left side [7] (Restart here on wall 2 facing 6:00)
8,1 Cross L over R [8] Point R toe out to right side [1]

[58- 64] Cross Point X2 Jazz ¼ Right

2,3, 4,5 Cross R over L [2] Point L toe out to left side [3] Cross L over R [4] Point R toe out to right side [5]
6, 7, 8, Cross R over L [6] Step left back [7] step R to right side [8]
(Restart here on wall 3 after doing the jazz box 1/2 instead of 1/4, facing 12:00)

[65 - 72] Cross Rock Shuffle Left, Cross Rock Shuffle Right

1,2,3&4 Cross rock L over R [1] Recover on R [2] Step L to L side [3] Close R next to L [&] Step L to L side [4]

5,6,7&8 Cross rock R over L [5] Recover on L [6] Step R to R side [7] Close L next to R [&] Step R to R side [8]

[73 - 80] Sway L Sway R X2 Back Rock Shuffle Left

1, 2,3,4 Sway left weight on L [1] Sway right weight on R [2] Sway left weight on L [3] Sway right weight on R [4]

5,6,7&8 Back rock L behind R [6] Recover on R [7] Step L to L side [8] Close R next to L [&] Step L to L side [1]

[81 - 88] Back Rock Shuffle Right, Behind ¼ Right, Step, Clap

1,2,3&4 Back rock R behind L [1] Recover on L [2] Step R to R side [3] Close L next to R [&] Step R to R side [4]

5,6,7,8 Step L behind R [5] Turn ¼ right stepping R to right side L [6] Step L next to R [7] Clap [8]

The Tag is added after wall 4 and 5. Wall 5 is the last wall. When done with the dance just walk off to the left or right.

TAG: 3 sways left, right, left (facing 3:00), 1/4 turn right on right foot, step forward on left and pivot 1/2, step forward on left then right, pivot 1/2, sway 3 times, left, right, left. Start again with wall 5 and end wall 5 with the tag before walking off.
