

# Forever Young (HB)

**COPPER KNOB**  
BY STEPHEN

拍數: 32      牆數: 4      級數: High Beginner  
編舞者: Suzie Wong (UK) - November 2024  
音樂: Forever Young - Alphaville & LABACK



Start at approx. 19 seconds (count in after the word "the" on "are you gonna drop the (5678) bomb or not")

## SECTION 1: CROSS ROCK, CHASSE R, CROSS ROCK, CHASSE ¼ L

1, 2      Cross rock right over left, Recover on left  
3 & 4      Step R to the right side, Step L next to right, Step R to right side  
5, 6      Cross rock L over R, Recover on right  
7 & 8      Step L to left side, Step R next to L, ¼ L stepping forward on L (9 O' clock)

## SECTION 2: FULL TURN LEFT, SHUFFLE FORWARD, ROCK STEP, COASTER STEP

1      On ball of left foot make ½ turn Left, Stepping back Right  
2      On ball or right make ½ turn Left, Stepping forward Left (9 O' clock)  
3 & 4      Step forward Right, Step Left beside Right, Step forward Right  
5,6      Rock forward on Left, Recover back on Right  
7 & 8      Step back on Left, Step Right beside Left, Step forward on Left (9 O' clock)

## SECTION 3: ROCK STEP, SHUFFLE ½ TURN, ROCK STEP, COASTER CROSS

1, 2      Rock forward on right, recover on left (9 O' clock)  
3 & 4      Make ½ turn over right shoulder, Step forward Right, Step Left beside Right, step right foot forward (3 O'clock)  
5,6      Rock forward on Left, Recover back on Right  
7 & 8      Step back on Left, Step Right beside Left, Step Left foot across Right foot (3 O' clock)

## SECTION 4: SIDE, HOLD, BALL STEP, SIDE, TOUCH, ROLLING LEFT VINE & BRUSH

1, 2      Step R to R side, hold (3 O' clock)  
& 3, 4      Step L beside R, step R to R side, touch L beside R  
5, 6      Step L to L side ¼ turn L, step back on R ½ turn L  
7, 8      Step L to L side ¼ turn L, brush R across L

Without a rolling vine 5-7: Do a left grapevine without turning (step L to L side, cross R behind L, step L to L side and brush right across left)

For my lovely hubby Bob, as the original is one of his favourite songs ☐