

So Pretty

COPPER **KNOB**
BY SHEETS

拍數: 32 牆數: 4 級數: Improver
編舞者: René Debril (FR) & Marianne Langagne (FR) - 30 November 2024
音樂: I'm Not Pretty - Megan Moroney



Intro : 16 Counts (Start on "One " - I bet « one » of his friends)

*1 Tag (4 Counts) & 3rd Restart

Sequences : 32 – 16 R – 32 – 32 – 8 R – 32 – 32 – 32 – 32 – 32 – 8 TAG/ RESTART – 32 – 32

[1 – 8] DIAGONALLY STEP, TOUCH, DIAGONALLY BACK, TOUCH, SIDE ROCK, TOGETHER, RECOVER

1 – 2 RF Diagonally Fwd R, Touch LF next to RF
3 – 4 LF Diagonally Back L, Touch RF next to LF
5 – 6 RF to the R, Recover on LF
7 – 8 RF Next to LF (Weight on RF), LF next to RF (Weight on LF) HERE 2nd & 3rd Restarts
(Facing 9:00)

[9 – 16] ROCKING CHAIR, STEP ½ TURN L, WALK R - L

1 – 2 RF Fwd, Recover on LF
3 – 4 RF Back, Recover on LF
5 – 6 RF Fwd, ½ Turn L (weight on LF) 6:00
7 – 8 Walk R – L HERE 1st Restart (Facing 3:00)

[17 – 24] HEEL FWD, HOLD, TOE (IN), DIAGONALLY KICK, BEHIND SIDE CROSS, HOLD

1 – 2 Heel R Fwd, Hold
3 – 4 Touch Point R next to LF (Knee In), Kick RF Diagonally R
5 – 6 - 7 Cross RF behind LF, LF to the L, Cross RF over LF
8 Hold

[25 – 32] SIDE, TOUCH, ¼ TURN R SIDE, TOUCH, ½ RUMBA FWD, BRUSH

1 – 2 LF to the L, Touch RF next to LF
3 – 4 ¼ Turn R – RF to the R, Touch LF next to RF 9:00
5 – 6 LF to the L, Together (Weight on RF)
7 – 8 LF Fwd, Brush LF back to front

TAG: At 11th Wall (Facing 9:00) dance 8 Counts, then : HEEL SWITCHES / Restart

1 - 2 - 3 - 4 Heel R Fwd, Together, Heel L Fwd, Together (weight on LF) & Restart

Written especially for the 15th anniversary of the American Dream on 11/30/2024

Dance & Have fun !!!!

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